



**Canada Games Council**  
*Inspiring Dreams and Building Champions*

**Conseil des Jeux du Canada**  
*Du rêve au champion*

**2007**  
 Canada, Winter Games  
 Jeux d’hiver du Canada  
 Whitehorse, Yukon

**2009**  
 Canada Summer Games  
 Jeux d’été du Canada  
 Prince Edward Island  
 Île-du-Prince-Édouard

**2009 Canada Summer Games**  
**Technical Packages – Age Categories**

**June 11<sup>th</sup>, 2009**

The Canada Games Council has been working very closely with all National Sport Organizations on the 2009 Canada Games program to develop their sport-specific technical packages. Age categories are being selected to develop Canada’s next generation national team athletes in the “Train to Compete” phase of their sport’s Long Term Athlete Development Model, or other suitable phase of LTAD as justified by NSO, and approved by the Canada Games Council, to suit next generation national team athletes.

The Canada Games Council Sport Committee has approved the age categories for the following sports on the 2009 Canada Summer Games program:

<b>SPORT</b>	<b>Age Category</b>
Athletics	Under 22 as of December 31, 2008. Date of Birth: 1987 or later  Wheelchair track athletes must be under 30 years of age as of December 31, 2009 – born <b>1980</b> or later. Wheelchair track events have an open functional classification.  “Able Bodied” competitors cannot be entered in wheelchair events.  Special Olympics athletes must be under 30 years of age as of December 31, <b>2008</b> – born in 1979 or later.
Baseball	19 years of age and younger as of December 31, 2009. Year of birth: 1990 or later
Basketball	Under 17 as of December 31, 2008. Year of Birth: 1992 or later.



Canoe / Kayak	Under 21 years of age as of January 1 <sup>st</sup> , 2009
Cycling	Cyclists must be under 22 years of age and at least 17 years of age as of December 31, 2009 (year of birth 1987-1992).
Diving	Year of Birth: 1990 or later
Golf	Under 19 as of August 29, 2009. Date of Birth: Born on August 30, 1990 or later
Rowing	Under 21 as of December 31, 2009 Year of Birth: 1989 or later
Rugby (Men's)	Under 18 and at least 16 as of January 1, 2009
Sailing	Must be 21 and under as of December 31, 2009. Year of Birth: January 1, 1988 or later
Soccer	All soccer players must be under 18. They must be born on or after January 1, 1991 (under 18).
Softball (Women's)	Under 19 prior to January 1st, 2009 (Midget age category). Date of Birth: 1990 or later
Swimming	All able body swimmers must be born in 1990 or later.  All swimmers with a disability must be born in 1988 or later.  Swimmers with an intellectual disability must be born in 1979 or later.
Tennis	2 males and 2 females under 16 as of January 1, 2009 2 males and 2 females under 18 as of January 1, 2009
Triathlon	Triathletes must be at least 16 years of age and no older than 20 years of age as of December 31, 2009. Born between January 1st, 1989 and December 31, 1993 inclusively.
Volleyball	<u>Indoor</u> Men: 21 and under as of December 31, 2009 (Date of Birth: <b>1988 or later</b> ) Women: 20 and under as of December 31, 2009 (Date of Birth: <b>1989 or later</b> )  <u>Beach</u> Men: 22 and under as of December 31, 2009 (Date of Birth: <b>1987 or later</b> ) Women: 21 and under as of December 31, 2009 (Date of Birth: <b>1988 or later</b> )
Wrestling	15 to 18 as of December 31, 2009 (athletes born 1991, 1992, 1993 and 1994)

Final technical packages for these sports will become available on the Canada Games Council's website as soon as the appropriate approval and translation is completed. Age categories are not subject to change.