



2009 CANADA SUMMER GAMES

DIVING TECHNICAL PACKAGE

Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committees by detailing tournament formats and scoring procedures, assist Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each NSO's version of athletes in the “training to compete” phase of its Long Term Athlete Development Model.

Every Games' coach, manager, Sport Chairperson and Mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Sport Committee of the Canada Games Council through his or her Chef de Mission or National Sport Organization.

Technical Packages are developed primarily by National Sport Organizations, following principles, guidelines and requirements of the Canada Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the NSO concerned.

If an individual wishes to initiate a change to a Technical Package leading up to a Games, the desired change should be first directed to the National Sport Organization or the Chef de Mission. The NSO or Chef will evaluate the merits of the change and will, if it has merit, submit the requested change to the Sport Committee of the Canada Games Council. The NSO or Chef will submit the rationale for the change. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered after three years prior to the Games. Substantive changes to events or competition formats will not be considered after 18 months before the Games. Minor corrections will be considered at almost anytime, but will be increasingly difficult to achieve within six months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package early.



**2009 PRINCE EDWARD ISLAND CANADA SUMMER GAMES
TECHNICAL PACKAGE**

1. SPORT: DIVING

2. PARTICIPANTS:

2.1 Competitors: Male 4 Female 4

- Provinces/Territories may bring up to 4 divers per gender, provided a synchro team is entered for that gender. If no synchro team is entered, then the province is restricted to 3 athletes in that gender.
- Maximum of 4 divers per individual event. Only the top 3 divers in each province/territory may advance to finals, if eligible. There is no restriction on the number of entries for synchro.

2.2 Staff: 1 Head Coach and 1 Manager/Coach

- One of the staff must be male and one must be female.
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3. CLASSIFICATION:

Year of Birth: 1990 or later

4. ELIGIBILITY

4.1 Coaches:

Any staff listed as coaches on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program to at least Level 3 or trained in Competition-Development in Diving. These coaches must be so certified not later than 90 days before the opening of the Games (May 17, 2009).

4.2 Competitors:

Excluded from the Canada Games are:

- (a) Athletes that have held an SR1 or SR2 card (as defined by Sport Canada's Athlete Assistance Program) at any time (SR1 and SR2 cards are defined as International cards);

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status (ie., no athlete will be excluded if they are granted carding status after May 17, 2009).

5. COMPETITION:

DIVING CANADA RULES

In accordance with Diving Canada Rules, the order of starting shall be decided by lot.

The Canada Games format will include preliminary and final sessions, with no semi-finals, for the 1 metre, 3 metre and platform events, and will reflect current Diving Canada rules, except as may be amended herein.

For all individual events there shall be a preliminary and a final session. Each final session shall comprise the top twelve (12) ranked divers from the preliminary session. Only the top 3 divers in each province may advance to the final session, if eligible. The 4th placed diver from each province will not be included in the provincial/territorial ranking points. In the final session, the divers shall compete in the reverse order of their ranking determined by the scores at the end of the preliminary session. The preliminary and the final sessions are separated events, each starting at zero (0) points. All synchro events shall be a final competition.

Women

1 Metre Each session of the women's 1 metre springboard competition (preliminary and final) shall comprise five (5) dives from different groups without limit of degree of difficulty.

3 Metre Each session of the women's 3 metre competition (preliminary and final) shall comprise five (5) dives from different groups without limit of degree of difficulty.

Platform Each session of the women's platform competition (preliminary and final) shall comprise five (5) dives from different groups without limit of degree of difficulty. Any level of the platform may be used.

Men

1 Metre Each session of the men's 1 metre springboard competition (preliminary and final) shall comprise six (6) dives without limit of degree of difficulty, of which one dive shall be selected from each

group plus an additional dive which may be selected from any group. This series shall be used in the preliminary competition as well as in each session of the meet.

3 Metre Each session of the men's 3 metre competition (preliminary and final) shall comprise six (6) dives without limit of degree of difficulty, of which one dive shall be selected from each group plus an additional dive which may be selected from any group.

Platform Each session of the men's platform competition (preliminary and final) shall comprise six (6) dives from different groups without limit of degree of difficulty. Any level of the platform may be used.

Competition format for synchronized 3 Metre (Men and Women)

The synchronized diving events will be conducted per FINA Rules (D3.7).

D 3.7.1 The synchronized diving competition involves two competitors diving simultaneously from the springboards. The competition is judged on how the two divers individually perform their dives and how the two divers as a team synchronize their performance.

D 3.7.3 Every competition for women on 3m springboard shall comprise five (5) rounds of dives: Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without limit of degree of difficulty.

D 3.7.4 Every competition for men on 3m springboard shall comprise six (6) rounds of dives: Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and four (4) rounds of dives without limit of degree of difficulty.

D 3.7.5 The Women's competitions comprise five (5) rounds of dives from at least four (4) groups, with at least one dive forward facing, and which shall not be in a standing position on the springboard.

D 3.7.6 The Men's competitions comprise six (6) rounds of dives from at least four (4) groups, with at least one dive forward facing, and which shall not be in a standing position on the springboard. Within the six (6) rounds, a group cannot be used more than twice.

D 3.7.7 In each round the two divers must perform the same dive (same dive number in the same position).

6. SPORT SCORING:

INDIVIDUAL COMPETITION

The province/territory's three (3) best placings will count towards the provincial/territorial ranking point total.

1m Competition

The placings in the 1M competition are established as follows: For the finalists, the points scored in the Final session determine the placings 1-12. For those divers eliminated in the Preliminary competition, the points scored in the Preliminary competition determine the placings 13th and beyond.

3m & Platform Competitions

The placings in the 3M & 10M competition are established as follows: For the finalists, the points scored in the final session determine the placings 1-12. For those divers eliminated in the preliminary session, the points scored in the preliminary session determine the placings 13th and beyond.

Provincial/ Territorial rankings in each individual diving event will be determined by their competitors' ranking in each event. When this event ranking has been established, sport scoring points will be awarded separately for men and women as follows:

Position	Pts
1st place	100
2nd place	97
3rd place	94
4th place	91
5th place	88
6th place	85
7th place	83
8 th place	81
9 th place	79
10 th place	77

Position	Pts
11 th place	75
12 th place	74
13 th place	73
14 th place	72
15 th place	71
16 th place	70
17 th place	69
18 th place	68
19 th place	67
20 th place	66

Position	Pts
21 st place	65
22 nd place	64
23 rd place	63
24 th place	62
25 th place	61
26 th place	60
27 th place	59
28 th place	58
29 th place	57
30 th place	56

Position	Pts
31 st place	55
32 nd place	54
33 rd place	53
34 th place	52
35 th place	51
36 th place	50
37 th place	49
38 th place	48
39 th place	47
40 th place	46

* If a tie exists between two individual divers, points will be shared equally between competitors (ie: if tied for first then each competitor would receive 98.5 points $(100+97)/2$). If an athlete does not finish or is disqualified, the athlete does not receive any points.

TEAM / SYNCHRO COMPETITION

The province/territory's best placing will count towards the provincial/territorial ranking point total.

3m Synchro Competition

The team who accumulates the highest total points shall be ranked first, the team with the second highest total shall be ranked second, etc.

Position	Points	Position	Points	Position	Points
1 st place	150	6 th place	100	11 th place	50
2 nd place	140	7 th place	90	12 th place	40
3 rd place	130	8 th place	80	13 th place	30
4 th place	120	9 th place	70		
5 th place	110	10 th place	60		

7. PROVINCIAL/TERRITORIAL RANKING:

At the end of all four events, overall Provincial/Territorial rankings will be determined by adding the sport scoring points from each event. Men and Women will be ranked separately.

Points for the Games Flag will be awarded as follows:

Position	Points	Position	Points	Position	Points
1 st place	10	6 th place	5	11 th place	1.5
2 nd place	9	7 th place	4	12 th place	1
3 rd place	8	8 th place	3	13 th place	0.5
4 th place	7	9 th place	2.5		
5 th place	6	10 th place	2		

8. TIE BREAKING RULE - COMPETITION:

In the case of ties, the tied divers shall be awarded the same position, and the next position(s) shall be eliminated.

9. TIE BREAKING RULE - PROVINCIAL/TERRITORIAL RANKING:

If a tie exists in the overall Provincial/Territorial Ranking, the higher points will be given to the team with the most event first place finishes, then second place finishes, and so on until the tie is broken.

10. MEDALS:

GOLD 10; SILVER 10; BRONZE 10

11. COMPETITIVE UNIFORM:

Athletes may select their own suits.

12. EQUIPMENT:

N/A

13. APPENDIX:

The attached appendix form is an integral part of this technical package.

APPENDIX 1
2009 Prince Edward Island Canada Summer Games

Competitor Eligibility

1. Competitors must meet all eligibility requirements outlined in the Technical Package.
2. The Canada Games are open to Canadian citizens and landed immigrants.
3. The Games are open to amateur athletes who are members in good standing of their provincial and/or national sport organization.
4. An athlete's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the province or territory they are representing. An athlete can have only one domicile.
5. Students attending school on a full-time basis outside their province of permanent residence during the year of the Games shall be permitted to compete for either their province of permanent residence or the province in which the athlete attends school. To be eligible to compete for the province where the athlete attends school, the student must be enrolled on a full-time basis during the 2008-2009 academic year.
6. If a non-student athlete attends a recognized national training centre outside his or her province of permanent residence, the athlete is encouraged to represent his or her province of permanent residence; however, the athlete could represent the province where the centre is located under the terms of paragraph (7), below.
7. Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the province or territory she or he wishes to represent by such means as having been a member of a club or provincial sport organization in that province for the entire previous competitive season, having represented that province or territory at a previous national or regional championship or having attended school full-time the previous academic year or a recognized national training centre full-time during the previous 12 months. Other similar circumstances may be considered.
8. An athlete is permitted to try out for only one province or territory per Games.
9. The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. **Coaches or PSOs must bring forward any unclear cases to their Chef de Mission and to their NSO as early as possible before the competition for forwarding to the Sport Committee.**

10. Where a team/province/Chef wishes to challenge the eligibility of an athlete on another provincial/ territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

OTHER

1. All teams are reminded of the Canada Games Council's regulations concerning advertising on uniforms: only the uniform manufacturer's name or trade mark logo may be worn on team competition uniforms to *a maximum size of 60 square centimetres*.
2. The only coaching permitted is by those accredited coaches identified in the Technical Package. Personal coaches of athletes or additional coaches of any type will not receive accreditation and will not have access to competition or training areas.
3. Canada Games rules do not allow team staff to practice as therapists, physicians or other medical or paramedical practitioners. The Host Society (organizing committee) is responsible for providing high quality medical care at a central clinic at the Athletes' Village and at competition and training venues. The Sport Medicine Council of Canada assists the Host Society by providing additional medical practitioners to ensure that French and English speaking and male and female persons are available, to ensure that sport specific medical expertise is available and to ensure that all regions of Canada are represented. Team staff will not be permitted to administer medical care to athletes.