



2009 CANADA SUMMER GAMES

ATHLETICS TECHNICAL PACKAGE

Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committees by detailing tournament formats and scoring procedures, assist Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each NSO's version of prospective high performance athletes.

Every Games' coach, manager, Sport Chairperson and Mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Sport Committee of the Canada Games Council through his or her Chef de Mission or National Sport Organization.

Technical Packages are developed primarily by National Sport Organizations, following principles, guidelines and requirements of the Canada Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the NSO concerned.

If an individual wishes to initiate a change to a Technical Package leading up to the Games, the desired change should be first directed to the National Sport Organization or the Chef de Mission. The NSO or Chef will evaluate the merits of the change and will, if it has merit, submit the requested change to the Sport Committee of the Canada Games Council. The NSO or Chef will submit the rationale for the change. Changes to age groups, eligibility requirements, team size or staff complements will not be considered after three years prior to the Games. Substantive changes to events or competition formats will not be considered after 18 months before the Games. Minor corrections will be considered at almost anytime, but will be increasingly difficult to achieve within six months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package early.



**2009 (P.E.I.) CANADA SUMMER GAMES
TECHNICAL PACKAGE**

1. SPORT: ATHLETICS

2. PARTICIPANTS:

- 2.1 Competitors: Male: up to 32 Female: up to 31
Total team complement not to exceed 59 athletes.

Five (5) of the team positions are reserved exclusively for wheelchair track athletes. At minimum, two (2) of the wheelchair track athletes must be female, and two (2) of the wheelchair track athletes must be male. Additionally, two (2) of the male team positions are reserved exclusively for Special Olympics athletes and two (2) of the female team positions are reserved exclusively for Special Olympics athletes.

2.2 Staff:

under 20 athletes	3 coaches, 1 manager At least one of the <u>coaches</u> must be female.
21 - 30 athletes	4 coaches, 1 manager At least one of the <u>coaches</u> must be female.
31 - 35 athletes	5 coaches, 1 manager At least one of the <u>coaches</u> must be female.
36 - 40 athletes	6 coaches, 1 manager or 5 coaches, 2 managers At least one of the <u>coaches</u> plus one of the other staff (coach, manager) must be female.
41 - 59 athletes	7 coaches, 1 manager or 6 coaches, 2 managers At least two of the <u>coaches</u> plus one of the other staff (coach, manager) must be female.

- 2.3 Special Olympics Staff For teams including the Special Olympics athletes 1 additional coach OR manager shall be added to the above outlined in 2.2.

3. CLASSIFICATION:

Under 22 as of December 31, 2008

Date of Birth: 1987 or later

Wheelchair track athletes must be Under 30 years of age as of December 31, 2009 – born **1980** or later. The wheelchair track events will be contested in the open functional class (T54) only. T52 class athletes are eligible for selection to their provincial/territorial team but will compete in the open class and will therefore compete for the same set of medals as all athletes entered in the event.

“Able Bodied” competitors cannot be entered in wheelchair events.

Special Olympics athletes must be under 30 years of age as of December 31, **2008** – born in 1979 or later.

4. ELIGIBILITY:

4.1 Coaches:

Any staff listed as coaches on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program (NCCP) to at least Level 3 in at least one Track or Field discipline, or the equivalent level in the new NCCP, Competition stream, Development context, (Trained status). These coaches must be so certified not later than 90 days before the opening of the Games (May 17, 2009).

4.2 Competitors:

Excluded from the Canada Games are:

- (a) Athletes that have held an SR1 or SR2 card (as defined by Sport Canada’s Athlete assistance Program) at any time.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status (i.e., no athlete will be excluded if they are granted carding status after May 17, 2009)

Athletes participating in the Special Olympics events must be registered with and be members in good standing of Special Olympics Canada and have qualified at events sanctioned by Special Olympics Canada.

5. **COMPETITION:** Athletics Canada and IAAF 2008-2009 rules;
ISMWSF rules for wheelchair events

5.1 EVENTS

Men (25 events)

100, 200, 400, 800, 1500 and
5000 metres

Hurdles 110, 400 metres
Steeplechase 3000 metres

200, 400, 1500 metres
wheelchair

100, 200 metres
Special Olympics

Relays 4 x 100 metres
4 x 400 metres

High Jump, Long Jump,
Triple Jump, Pole Vault

Shot Put, Discus,
Javelin, Hammer

Decathlon

Women (25 events)

100, 200, 400, 800, 1500, and
5000 metres

Hurdles 100, 400 metres
Steeplechase 2000 metres

200, 400, 1500 metres
wheelchair

100, 200 metres
Special Olympics

Relays 4 x 100 metres,
4 x 400 metres

High Jump, Long Jump
Triple Jump, Pole Vault

Shot Put, Discus,
Javelin, Hammer

Heptathlon

There is a maximum of two entries per event per province.

There is no limit to the number of events a competitor may enter.
A province/territory may enter only one relay team in each relay event.

There will be qualifying rounds in all field events where the number of entries exceeds 16.

Semi-finals and finals will be conducted in all track events of less than 2000-metres as required by the number of entries.

For races of less than 1500 metres, there shall be a "B" final for those who do not qualify among the top eight who will run in the "A" final. The "B" final will have up to 8 competitors. In the schedule of events, the "B" final shall precede the "A" final. The "A" finalists will be determined in accordance with IAAF advancement Rule 166. The next eight fastest times will advance as "B" finalists.

To determine the number of rounds and the number of heats in each round, the tables outlined in IAAF rule 166 will be used with the following exceptions:

- a. The 1500m and steeplechase events shall be conducted as straight finals if there are fewer than 19 declared entrants; and,
- b. Regardless of the number of entries received, the 5,000m event shall be conducted as a straight final.

5.2 ENTRIES

Only athletes registered through their Provincial/territorial teams for the 2009 Canada Summer Games for the sport of Athletics can be entered in the Athletics competition at the 2009 Canada Summer Games.

Seed performances must be achieved outdoors between 01 May 2009 and 01 August 2009 at a sanctioned or provincial/territorial branch-recognized competition (AC, Branch, IAAF).

Final entries showing seed performances shall be made by e-mail using Hy-Tek by **August 5, 2009**.

Within 24 hours of receiving the entries the meet organizers will confirm receipt of the entries by sending a list of entries in each event to the e-mail address of the individual who submitted entries by e-mail.

Each team shall identify any omissions or oversights to their entry to the meet organizers within 24 hours of receipt of the entry list.

Wind readings must be included for sprints and horizontal jumps.

Weight of throwing implements must be identified on official results.

Official results must be submitted, at the request of the Athletics Meet Director, for verification of seed performances.

Hand times will be converted for the requirements of the start lists. The following times shall be added: for events of 200m and under in distance, 0.24s; for events of longer distances, 0.14s.

5.3 FINALISING ENTRIES

A Final Confirmation of Entries will be in effect at the 2009 Canada Summer Games. Known substitutions (for athletes that have not traveled with the team) must be submitted in writing to the Meet Director, one hour prior to the opening

of the Technical Meeting.

The deadline for the confirmation of entries is 9:00 am on the day the event is to be held. Confirmation of entries is to be presented in writing to the entries/results coordinator.

5.4 SCHEDULE OF EVENTS

A draft Schedule will be available to teams as soon as one has been developed and approved for public circulation.

After receiving and considering input from the Provinces and Territories a revised draft schedule will be made available to teams.

NOTE: The Final Schedule may change when entries are received and the numbers entered in each event are known. Where qualifying rounds are not required, finals may be run at the time of the qualifying round.

After receipt of the entries the Competition Schedule will be modified to reflect the number of entries in each event and the Final Schedule will be posted on the Canada Games website (www.canadagames.ca) and communicated to the teams by email to the address from which the team entries were submitted.

6. SPORT SCORING:

In the individual events there are 26 scoring positions, with points awarded for 1st through 26th position as follows:

Position	Pts
1st place	100
2nd place	90
3rd place	80
4th place	70
5th place	65
6th place	60
7th place	55

Position	Pts
8th place	50
9th place	47
10th place	44
11th place	41
12th place	38
13th place	35
14th place	32

Position	Pts
15th place	29
16th place	26
17th place	24
18th place	22
19th place	20
20th place	18
21st place	16

Position	Pts
22nd place	14
23rd place	12
24th place	10
25th place	8
26th place	6

For events run in lanes, positions 9 to 16 shall be determined by the order of finish in the "B" final. Qualifiers for the "A" final shall be scored from 1-8 depending upon finish order in the "A" final. Athletes not in the "A" or "B" final shall be ranked by their time, height or distance from qualifying rounds.

In the relay events there are 13 scoring positions, with points allocated for 1st through 13th as follows:

Position	Pts	Position	Pts
1st place	100	8th place	30
2nd place	80	9th place	25
3rd place	65	10th place	20
4th place	55	11th place	15
5th place	45	12th place	10
6th place	40	13th place	5
7th place	35		

Positions 9 through 13 shall be determined by the order of finish of the “B” final. Qualifiers for the “A” final shall be scored from 1-8 depending on the order of finish in the “A” final.

Athletes and relay teams competing in the qualifying round of track events and in qualifying rounds of field events that do not finish (DNF), are disqualified (DSQ), do not start (DNS), or do not record a valid jump or throw (NH) (NM) shall not score team points. Furthermore, athletes and relay teams that DNF, are DSQ, DNS, NH or NM in events that are contested as a straight final (i.e. no qualifying round is held) shall not score team points. The exceptions to the above are the Combined Events (Heptathlon and Decathlon) where athletes who start each of the events that make up the combined event shall be deemed to have finished the Combined Event even if they do not finish or record a performance in one or more of the events that make up the combined event.

Athletes who have qualified for the finals will be awarded points since they did rank higher than the athletes who were beat out in the preliminary rounds. For example, if Athlete X advances to the “A” Final but then gets disqualified, he/she would still be awarded points of the 8th place finisher (50 pts based on the scoring system). If two athletes were to be DSQ in the “A” Final, they would then split the points that would have been awarded to the 7th and 8th place finishers $(55+50)/2 = 52.5$ pts per competitor. The same procedure applies to athletes and relay teams that do not finish the B final and to athletes that have qualified for a field event final but do not record a valid performance in the final.

Furthermore, athletes or relay teams not finishing (DNF), disqualified (DSQ), not starting (DNS) or with no valid jump (NH) do not score in the overall ranking in events with a straight final.

All individual and relay events shall be scored according to the above-mentioned system regardless of the number of entries received and/or provinces/territories represented.

7. PROVINCIAL/TERRITORIAL RANKING:

Provincial/Territorial ranking shall be determined by the sum of points scored in all individual and relay events. Men and women will be ranked separately. Flag points will be awarded on the following basis:

Position	Points	Position	Points	Position	Points
1 st place	10	6 th place	5	11 th place	1.5
2 nd place	9	7 th place	4	12 th place	1
3 rd place	8	8 th place	3	13 th place	0.5
4 th place	7	9 th place	2.5		
5 th place	6	10 th place	2		

8. TIE BREAKING RULE - COMPETITION:

The Athletics Canada rules in force at the time of the Games shall prevail.

9. PROVINCIAL/TERRITORIAL RANKING - TIE BREAKING:

If there is a tie on points between two or more provinces, the tie shall be broken in favour of the province with the most first places, if still tied, the most second places, and if still tied, the most third places and so on until the tie is broken.

10. MEDALS:

GOLD 62 SILVER 62 BRONZE 62

(Note: Relay teams may be awarded up to six medals if there are changes in runners from semi-finals to finals. Only the four finalists will take part in the medal ceremony. This could require up to an additional 8 medals of each colour.)

11. COMPETITIVE UNIFORM:

Provincial/Territorial colours must be worn.

12. EQUIPMENT:

The organizers will provide starting blocks, relay batons, and throwing implements. Throwers may submit their implements for certification and use in the events' equipment pool. Athletes in the pole vault and decathlon must provide their own poles, which must be submitted for inspection and control prior to the event.

Athletes competing in the wheelchair racing events must adhere to the equipment regulations outlined in Appendix 2.

13. APPENDIX:

The attached appendix form is an integral part of this technical package.

APPENDIX 1

2009 (P.E.I.) Canada Summer Games

Competitor Eligibility

1. Competitors must meet all eligibility requirements outlined in the Technical Package.
2. The Canada Games are open to Canadian citizens and landed immigrants.
3. The Games are open to athletes who are members in good standing of their provincial and/or national sport organization.
4. An athlete's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the province or territory they are representing. An athlete can have only one domicile.
5. Students attending school on a full-time basis outside their province of permanent residence during the year of the Games shall be permitted to compete for either their province of permanent residence or the province in which the athlete attends school. To be eligible to compete for the province where the athlete attends school, the student must be enrolled on a full-time basis during the 2008-2009 academic year.
6. If a non-student athlete attends a recognized national training centre outside his or her province of permanent residence, the athlete is encouraged to represent his or her province of permanent residence; however, the athlete could represent the province where the centre is located under the terms of paragraph (7), below.
7. Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the province or territory she or he wishes to represent by such means as having been a member of a club or provincial sport organization in that province for the entire previous competitive season, having represented that province or territory at a previous national or regional championship or having attended school full-time the previous academic year or a recognized national training centre full-time during the previous 12 months. Other similar circumstances may be considered.
8. An athlete is permitted to try out for only one province or territory per Games.
9. The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. **Coaches or PSOs must bring forward any unclear cases to their Chef de Mission and to their NSO as early as possible before the competition**

for forwarding to the Sport Committee.

10. Where a team/province/Chef wishes to challenge the eligibility of an athlete on another provincial/ territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

OTHER

1. All teams are reminded of the Canada Games Council's regulations concerning advertising on uniforms: only the uniform manufacturer's name or trade mark logo may be worn on team competition uniforms to *a maximum size of 60 square centimetres*.
2. The only coaching permitted is by those accredited coaches identified in the Technical Package. Personal coaches of athletes or additional coaches of any type will not receive accreditation and will not have access to competition or training areas.
3. Canada Games rules do not allow team staff to practice as therapists, physicians or other medical or paramedical practitioners. The Host Society (organizing committee) is responsible for providing high quality medical care at a central clinic at the Athletes' Village and at competition and training venues. The Sport Medicine Council of Canada assists the Host Society by providing additional medical practitioners to ensure that French and English speaking and male and female persons are available, to ensure that sport specific medical expertise is available and to ensure that all regions of Canada are represented. Team staff will not be permitted to administer medical care to athletes.

APPENDIX 2

WHEELCHAIR TRACK – EQUIPMENT REGULATIONS

INTERNATIONAL PARALYMPIC COMMITTEE (IPC) ATHLETICS – OFFICIAL RULES FOR ATHLETICS 2006

SECTION III TRACK EVENTS

RULE 159 Wheelchair Track (Classes T32 34, T 51 54)

Rule 159 Para 1

The wheelchair shall have at least two large wheels and one small wheel.

Rule 159 Para 2

No part of the body of the chair may extend forwards beyond the hub of the front wheel and be wider than the inside of the hubs of the two rear wheels. The maximum height from the ground of the main body of the chair shall be 50 cm.

Rule 159 Para 3

The maximum diameter of the large wheel including the inflated tyre shall not exceed 70 cm.

The maximum diameter of the small wheel including the inflated tyre shall not exceed 50 cm.

Rule 159 Para 4

Only one plain, round, hand rim is allowed for each large wheel. This rule may be waived for persons requiring a single arm drive chair, if so stated on their medical and Games identity cards.

Rule 159 Para 5

No mechanical gears or levers shall be allowed, that may be used to propel the chair.

Rule 159 Para 6

Only handoperated, mechanical steering devices will be allowed.

Rule 159 Para 7

In all races of 800 metres or over, the athlete should be able to turn the front wheel(s) manually both to the left and the right.

Rule 159 Para 8

The use of mirrors is not permitted in track or road races.

Rule 159 Para 9

No part of the chair may protrude behind the vertical plane of the back edge of the rear tyres.

Rule 159 Para 10

It will be the responsibility of the competitor to ensure the wheelchair conforms to all the

above rules, and
no event shall be delayed whilst a competitor makes adjustments to his chair.

Rule 159 Para 11

Chairs will be measured in the Marshalling Area, and may not leave that area before the start of the event.

Chairs that have been examined may be liable to reexamination before or after the event by the official in charge of the event.

Rule 159 Para 12

It shall be the responsibility, in the first instance, of the official conducting the event, to rule on the safety of the chair.

Rule 159 Para 13

Athletes must ensure that no part of their lower limbs can fall to the ground or track during the event.

RULE 166 Seedings, Draws and Qualifications in Track Events

Rule 166 Para 2 (Classes 11 13)

Track events should have the following maximum numbers (exclusive of guides) assuming an eightlane track:

CLASS 11 12 13

100m 4 4 8

200m 4 4 8

400m 4 4 8

800m 4/5 * 5 * 8 * = depending on

1500m 6 8 10 starting

5000m 10 10 20 arrangements

10000m 10 10 20

The qualifying conditions are shown in the Regulations.