



## 2013 SHERBROOKE CANADA SUMMER GAMES SAILING TECHNICAL PACKAGE

Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committees by detailing tournament formats and scoring procedures, assist Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "training to compete" phase of its Long Term Athlete Development Model (LTAD), or other suitable phase of the model as justified by the NSO, discussed with the LTAD expert group, and approved by the Canada Games Council Sport Committee.

Every Games' coach, manager, Sport Chairperson and Mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Sport Committee of the Canada Games Council (CGC) through his or her Chef de Mission or NSO.

Technical Packages are developed primarily by NSOs, following principles outlined in this document, guidelines and requirements of the CGC. As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will evaluate the merits of the request and will, if it has merit, submit the requested change or clarification to the CGC's Director of Sport for consideration. The NSO or Chef de Mission will submit the rationale for the request. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered after three years prior to the Games. Substantive changes to events or competition formats will not be considered after 18 months before the Games, unless approved by all participating provincial/territorial associations, the CGC, and the Host Society. Minor corrections will be considered at almost anytime, but will be increasingly difficult to achieve within six months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games' participants early.

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### — National Partners/ Partenaires nationaux —



**2013 SHERBROOKE CANADA SUMMER GAMES  
TECHNICAL PACKAGE**

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**1. SPORT: SAILING**

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**2. PARTICIPANTS:**

2.1 Competitors: Able Bodied: 3 males and 3 females  
Para: 1 athlete (male or female)

2.2 Staff: 1 Coach; 1 Manager; and 1 Support Staff

**\* If female athletes are being sent, one of the staff must be female. If male athlete are being sent, one of the staff must be male.**

2.3 Drivers: For safety reasons, 2 boat drivers will be permitted for provinces and territories that trailer their boats to the Games. Upon arrival on-site, the drivers shall receive week-long spectator access, accommodations and a per diem.

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**3. CLASSIFICATION:**

Able Bodied: Must be under 21 years of age and no younger than 17 years of age as of December 31, 2013.  
Date of Birth between: January 1, 1993 - December 31, 1996

Para: Athletes born in 1979 or later\*

Competition is restricted to athletes with a Disability Classification of 7\*.

\*In keeping with the objective of targeting athletes within the Training to Compete (T2C) level of the LTAD, age exceptions will be provided to Para-Sailing athletes born prior to 1979 whose athlete development level is consistent with T2C. The Canada Games and the Canadian Yachting Association (CYA) recognize that an age-dependent criterion may not adequately reflect the entry of the developing para-athlete into sailing due to late onset disabilities through injury or medical condition. The CYA's Paralympic Development Review Group in cooperation with the CGC will consider these special cases up to June 1 2013.

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#### **4. ELIGIBILITY:**

##### **4.1 Coaches:**

Any staff listed as coaches on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program to at least Level 3 in Sailing or the equivalent certification in the new NCCP, Competition stream, Development context (Certified Status). These coaches must be so certified not later than 180 days before the opening of the Games (February 3, 2013). All coaches must be in good standing with the Canadian Yachting Association, and have signed the CYA Coach's Code of Conduct.

##### **4.2 Competitors:**

Excluded from the Canada Games are:

Able Bodied:

- (a) Athletes that have held any SR card (as defined by Sport Canada's Athlete Assistance program) at any time;

Para:

- (a) Athletes that have held any SR card (as defined by Sport Canada's Athlete Assistance program) at any time;

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status (i.e., no athlete will be excluded if they are granted carding status after May 4, 2013).

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#### **5. COMPETITION:**

- 5.1 The Canada Games are organized by the Canada Games Council, the 2013 Canada Games Host Society in Sherbrooke, Quebec, the Canadian Yachting Association, the Fédération de voile du Québec and the Club nautique du Petit Lac Magog.

## 5.2 Rules

- 5.2.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the ISAF Regulations, and the Canada Games Competitor Eligibility Rules (Appendix 1) and Canada Games rules, regulations, and requirements.
- 5.2.2 Decisions of the Jury will be final as provided by RRS 70.5 (b).
- 5.2.3 All boats are subject to measurement prior to the regatta as well as inspection for compliance with class rules at any time during the regatta.
- 5.2.4 Appendix P will be in effect. Rule P2.3 will not apply. Rule P2.2 is changed so that it will apply to any protest after the first one.
- 5.2.5 Each boat is required to have valid third party liability insurance with a minimum coverage of one million dollars CAD per event. Boats shall provide a photocopy of the insurance certificate to the organizing authority at registration.
- 5.2.6 Sailing Instructions will be provided at registration.
- 5.2.7 Each boat will be required to display on each side of the mainsail her provincial letters. They will be provided by the organizing authority and applied under its direction.
- 5.2.8 Each sailor may be required to wear a provincial bib on the outside of all other clothing and equipment. The organizing authority will provide bibs to each competitor.
- 5.2.9 For the 29er Class rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

## 5.3 Events

- 5.3.1 There shall be competition in the following events:

Under 21 (no younger than 17) Male category

Single-handed - Laser: 1 competitor per boat (individual competition)

Double handed – 29er: 2 competitors per boat (team competition)

Under 21 (no younger than 17) Female category

Single-handed –Laser Radial: 1 competitor per boat (individual competition)  
Double handed – 29er: 2 competitors per boat (team competition)

Para Sailing Mixed category

2.4m: 1 competitor per boat (individual competition)

5.3.2 A competitor may compete in only one event and each province/territory may make only one entry per event.

5.4 Schedule

5.4.1 The schedule is as follows:

2 August	0900-1730	Registration
3 August	1300	Practice
4 August	1100	Racing
5 August	1100	Racing
6 August	1100	Racing
7 August	1100	Weather Day
8 August	1100	Racing
9 August	1030	Racing

5.4.2 Twelve races are scheduled for the Laser, Laser Radial and 2.4mR events. Fourteen races are scheduled for the 29er events. Five days of racing are scheduled for all events, with one Weather Day. If necessary, the Weather Day may be used for racing to maintain the schedule of races in the series.

5.4.3 A minimum of two and a maximum of three races per day are scheduled for the Laser, Laser Radial and 2.4mR events. A minimum of three and a maximum of four races per day are scheduled for the 29er events.

5.4.4 On the last scheduled racing day for each event no warning signal will be made after 1600.

5.4.5 From 2 to 9 August, a team leaders' meeting will be held at 0900 in the clubhouse.

5.5 Venue

5.5.1 The sailing competition venue will be Petit Lac Magog.

## 6. SPORT SCORING

- 6.1 The Low Point scoring system, RRS A4, shall apply.
- 6.2 One race shall constitute a series.
- 6.3 Each boat's series score shall be the total of her race scores excluding her worst score if 5 or more races are completed, and excluding her worst two scores if 12 – 14 races are completed.
- 6.4 Rankings shall be determined in each event.

Provinces will be ranked from first to last in each class (event) following the completion of the overall regatta.

Men and women will be ranked separately. Sport scoring points will then be applied to each individual class as follows:

Position	Pts
1st place	100
2nd place	97
3rd place	94
4th place	91
5th place	88

Position	Pts
6th place	85
7th place	83
8th place	81
9th place	79
10th place	77

Position	Pts
11th place	75
12th place	74
13th place	73

Men and women teams will be ranked separately. Sport Scoring will be applied to each team class as follows:

Position	Pts
1st place	150
2nd place	140
3rd place	130
4th place	120
5th place	110

Position	Pts
6th place	100
7th place	90
8th place	80
9th place	70
10th place	60

Position	Pts
11th place	50
12th place	40
13th place	30

The Para class will be ranked separately. Sport Scoring will be applied to the Para class as follows:

Position	Pts
1st place	100
2nd place	97
3rd place	94
4th place	91
5th place	88

Position	Pts
6th place	85
7th place	83
8th place	81
9th place	79
10th place	77

Position	Pts
11th place	75
12th place	74
13th place	73

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## 7. PROVINCIAL/TERRITORIAL RANKING:

Final Rankings will be established by adding sport scoring points from all individual, para and team events. Male fleets (Laser, 29er) and Female fleets (Laser Radial, 29er) will be ranked separately.

Points for the Games flag will be distributed as follows:

Position	Points	Position	Points	Position	Points
1 <sup>st</sup> place	10	6 <sup>th</sup> place	5	11 <sup>th</sup> place	1.5
2 <sup>nd</sup> place	9	7 <sup>th</sup> place	4	12 <sup>th</sup> place	1
3 <sup>rd</sup> place	8	8 <sup>th</sup> place	3	13 <sup>th</sup> place	0.5
4 <sup>th</sup> place	7	9 <sup>th</sup> place	2.5		
5 <sup>th</sup> place	6	10 <sup>th</sup> place	2		

\*Please note that this means that a maximum number of 20 flag points may be awarded to one province for sailing (between the male and female competition).

\*\*If a province does not enter an event, it will not receive any points equivalent to “did not start” (DNS).

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## 8. TIE-BREAKING RULE – COMPETITION:

Rule A8 will apply.

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## **9. TIE-BREAKING RULE – PROVINCIAL/TERRITORIAL RANKING:**

When there is a tie in provincial/territorial ranking on total points between two or more provinces/territories, the tie will be broken in favor of the province/territory with the most event first places, and when the tie remains, the most event second places, and so on. If the tie still remains the tie shall be resolved in favor of the province/territory with the most race 1<sup>st</sup> places, and if the tie remains, the most race second places and so on.

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## **10. MEDALS:**

GOLD 7; SILVER 7; BRONZE 7

Medals will be awarded in each event in the male and female categories. Five event gold, silver and bronze medals will be presented.

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## **11. COMPETITIVE UNIFORM:**

Provincial/Territorial colors must be worn for ceremonies. On the water, sailors will wear their own technical sailing clothing/gear.

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## **12. EQUIPMENT:**

### **12.1 Clothing:**

When on the water, each competitor/coach/manager/boat driver is required to wear, at all times, (except when changing clothing), a PFD. This changes Rule 40 and the preamble to Part 4 of the Racing Rules of Sailing.

### **12.2 Boats:**

Each province/sailor shall be responsible for providing and maintaining his/her own equipment at the event.

### **12.3 Support Boats:**

12.3.1 Support boats will be permitted for coach/manager, and must be supplied by the provincial sailing organization.

- 12.3.2 Provinces that do bring a coach boat may be required to carry a coach/manager from another province.
- 12.3.3 Coach boats shall display provincial identification.
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### **13. APPENDIX:**

The attached appendix forms an integral part of this technical package

## **APPENDIX 1 2013 Sherbrooke Canada Summer Games**

### **Competitor Eligibility**

1. Competitors must meet all eligibility requirements outlined in the Technical Package.
2. The Canada Games are open to Canadian citizens and permanent residents.
3. The Canada Games are open to athletes who are members in good standing of their sport's NSO and/or Provincial/Territorial Sport Organization.
4. An athlete's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the Province or Territory they are representing. An athlete can have only one domicile.
5. Students attending school on a full-time basis outside their province/territory of permanent residence during the year of the Games shall be permitted to compete for either their province/territory of permanent residence or the province/territory in which the athlete attends school. To be eligible to compete for the province/territory where the athlete attends school, the student must be enrolled on a full-time basis during the current academic year.
6. If a non-student athlete attends a recognized national training centre outside his or her province/territory of permanent residence, the athlete is encouraged to represent his or her province/territory of permanent residence; however, the athlete could represent the province/territory where the centre is located under the terms of paragraph (7), below.
7. Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the province or territory she or he wishes to represent by such means

as having been a member of a club or provincial/territorial sport organization in that province/territory for the entire previous competitive season, having represented that province or territory at a previous national or regional championship or having attended school full-time the previous academic year or having been a member of a recognized national training centre full-time during the previous 12 months. Other similar circumstances may be considered.

8. An athlete is permitted to try out for any province or territory of eligibility but can only try out for one province or territory per sport (i.e. an athlete may try out for swimming for one province or territory but cannot try out for swimming in another province or territory. An athlete may try out for one province or territory in swimming, and may try out for another province or territory in diving).
9. Athletes may only compete for one province or territory at a single Canada Games.
10. Athletes may not compete in two sports at one Canada Games if they are scheduled in the same week.
11. The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. Coaches or PSOs must bring forward any unclear cases to their Chef de Mission and to their NSO as early as possible before the competition for forwarding to the Sport Committee.
12. Where a team/province/territory/Chef wishes to challenge the eligibility of an athlete on another provincial/territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

## **Other**

13. All teams are reminded of the Canada Games Council's regulations concerning advertising on uniforms: only the uniform manufacturer's name or trade mark logo may be worn on team competition uniforms to a maximum size of 60 square centimeters.
14. Canada Games rules do not allow team staff to practice as therapists, physicians or other medical or paramedical practitioners. The Host Society (organizing committee) is responsible for providing high quality medical care at a central clinic at the Athletes' Village and at competition and training venues. The Sport Medicine Council of Canada assists the Host Society by providing additional medical practitioners to ensure that French and English speaking and male and female persons are available, to ensure that sport specific medical expertise is available and to ensure that all regions of Canada are represented. Team staff will not be permitted to administer medical care to athletes.

## **Appendix B Performance Guidelines**

The following performance guidelines are the recommended level of competition athletes should have competed in prior to competing at the 2013 Canada Summer Games. Please note that it is not mandatory that athletes meet these guidelines, only recommended.

### *Able Bodied:*

Laser Handed – Laser / Laser Radial: It is recommended that athletes compete in training to compete events (as defined by the Canadian Yachting Association) during the 2012 competitive season (Laser/Radial NQR).

Doubles Handed – 29er Class: It is recommended that athletes compete in training to compete events (as defined by the Canadian Yachting Association) during the 2012 competitive season.

### *Para:*

2.4m Class - It is recommended that athletes compete in training to compete events (as defined by the Canadian Yachting Association) during the 2012 competitive season.