

SPORT INFORMATION PACKAGE

ARTISTIC GYMNASTICS

2011 Canada Games
Halifax, Nova Scotia

SPORT INFORMATION PACKAGE ARTISTIC GYMNASTICS

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NS	-	-	-	-	-	-	6	6	5	5	7	5	7	7	8	8	5	4	8	7	7	8
NU	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
ON	2	1	2	1	2	2	2	2	1	1	3	1	1	1	1	1	1	1	3	1	3	3
PEI	-	-	-	-	-	-	10	9	-	9	9	9	10	10	6	10	9	10	6	10	8	9
QC	1	2	1	3	1	1	1	1	1	4	1	3	2	2	2	2	2	2	4	2	4	1
SK	-	-	3	-	3	-	7	7	4	6	5	6	3	8	4	5	6	7	5	5	5	4
YK	-	-	-	-	-	-	-	10	9	-	11	11	-	11	-	11	-	11	-	11	-	10

C. NUMBER OF ATHLETES PER TEAM

Competitors: 7 male and 7 female

D. EVENT FORMAT AND RULES OF PLAY

Men

Regulations

The following will govern the competition:

G.C.G. Technical Regulations in force at the time of the Games

The rules for the Canada Games are those of the Open Category for Gymnastics

Canada Gymnasts will have the option of 125 cm. or 135 cm. Vault Table.

2008-2012 FIG Code of Points for situations not covered by the first two documents

Program

Competition 1 = Team Competition (7 athletes per province or territory)

Competition 2 = Individual All Around Finals

Competition 3 = Event Finals (1 vault in finals)

Participation

All 7 athletes must compete in the Team competition.

The top 3 gymnasts per province/territory from the Team competition will compete in the Individual All Around competition. The balance, for a total of up to 36 participants, will be based upon the scores obtained in the preliminary competition.

The top 8 gymnasts on each event, with a maximum of 2 per province/territory, from the Team competition will compete in the Event Finals competition. In the case of a tie in 8th position, or in case of a tie between two athletes from the same province/territory, the gymnast with the highest All Around score from the Team competition will participate in the event finals.

Judging

The Canadian requirements for the Open Category for Men's Artistic Gymnastics will be used to score all events. Requirements will be National Open for all three competitions.

Seeding

The top four teams from the most recent Canada Games are seeded in the final rotation (1. British Columbia, 2. Alberta, 3. Ontario, 4. Québec). The remaining teams are to be drawn into the remaining positions in both subdivisions. Two teams will be drawn to be placed in the 2nd subdivision with the 4 previously mentioned. These six (6) will then be randomly drawn for which team will begin on each apparatus. The remaining teams will then be drawn into the first subdivision.

In the All Around Finals, the athletes are to be seeded as follows: the top six ranked gymnasts will begin on Floor Exercises, the next six on Pommel Horse, and so on. Within each group, the top ranked gymnast will compete last, the second ranked gymnasts will compete second last, and so on. In the event of a tie the modified FIG rules for tiebreaking will be applied (modified as in section 8).

In the event finals, a random draw will be made to determine start order on each event. In the case when a tie has occurred within the top 8, the athlete with the lower Start Value on that event will be ranked ahead of the other. The modified FIG rules for tie-breaking should be applied if a tie still persists.

Women

Regulations

The following will govern the competition (version in force at the time of the Games):

- Current WAG Program Technical Regulations and Directives
- Current Federation Internationale de Gymnastique (FIG) Code of Points
- Current WAG Supplement to the FIG Code of Points
- WAG Canadian Models for the Open category for the 2011 Canadian Championships
- Current FIG List of Elements
- Current WAG List of Canadian Elements

Program

The program will consist of the Team Final, the Individual All-Around Final, and the Apparatus Finals.

Participation

All 7 athletes must compete in the Team competition unless injured or ill.

The top 3 gymnasts per Province/Territory from the Team Final will compete in the Individual All-Around Final. The balance, for a total of up to 36 participants, will be based upon the All-Around total obtained in the Team Final. In case of a tie in 36th place, the gymnast with the greater number of highest apparatus scores obtained in the Team Final will compete. If there is still a tie, all the remaining tied gymnasts will compete. The top 8 gymnasts on each apparatus, with a maximum of two per Province/Territory, from the Team Final will compete in the Apparatus Finals. In the case of a tie in 8th position, or in case of a tie between two athletes from the same Province/Territory, the gymnast with the highest D Score on that apparatus from the Team Final will participate. If there is still a tie, all the remaining tied gymnasts will compete in the final on that apparatus.

Flights, Warm-up and Seeding

Flights

a) If there are 79 athletes or less with a maximum of ten teams of seven athletes there will be two flights (subdivisions). The competition for flight 1 will start around noon with five groups: V, UB, Bye, BB, FX. The competition for flight 2 will start late afternoon with five groups also: V, UB, Bye, BB, FX.

In flight 1, provinces and territories with less than seven athletes may be combined to compose a group of approximately 7 athletes. If there are 10 full teams plus Provinces or Territories with individual athletes (3 athletes or less), the individuals will be combined with other individuals or with a team. The maximum number of athletes per group is 10. All athletes from a Province/Territory will be on the same apparatus.

b) If there are 80 athletes or more and at least 11 teams of 7 athletes, the schedule will have three flights as follows:

- Flight 3 (latest in the day): 4 groups: V, UB, BB, FX
- Flight 2 (middle of the day): 4 groups: V, UB, BB, FX
- Flight 1 (earliest in the day): all remaining athletes

Warm-Up and Competition Format

The Canadian format (warm-up and compete immediately) in effect for the Open category at the Canadian Championships 2011 will be in effect for the Team Final. The FIG format - (general and apparatus warm-up on 4 apparatus followed by the competition) will be in effect for the All-Around Final and the Apparatus Finals.

When there are mixed groups (team and individuals), the team will always compete first and individuals will compete last. For the Team Final, warm up and compete will be as follows:

- Team (7) + 1 individual = the 8 athletes warm up together and Team will start competition on every apparatus.
- Team (7) + 2 or 3 individuals = Team will warm up and compete, and the 2 or 3 individuals will warm up and compete afterwards. Team competes first on every apparatus.

All-Around and Apparatus Finals

There will be a 'touch' warm-up for each rotation / apparatus of the All-Around Final and the Apparatus Finals.

If a group is composed of seven athletes or less, all the athletes will warm-up and compete together. If a group is composed of 8, 9, or 10 athletes, the group will warm-up then compete as follows: 4 – 4, 5 – 4, 5 – 5.

Seeding

Seeding to determine the flight

For the Team Final, the Provinces/Territories will be seeded according to their rank in the point system below. Provinces/Territories ranked 6th to 13th will compete in flight 1. Provinces/Territories ranked 1st to 5th will compete in flight 2.

The Province/Territory with the highest number of primary points will be ranked first. The primary points are earned based on the results or number of athletes at the 2010 Canadian Championships according to the following formula:

Provincial/ Territorial Rank	Number of Points			
	Team Ranking Novice	Team Ranking Open	Number of HP Juniors	Number of HP Seniors excluding NT members
1 st	10	10	10	10
2 nd	9	9	9	9
3 rd	8	8	8	8
4 th	7	7	7	7
5 th	6	6	6	6
...
10 th	1	1	1	1

The secondary process will be used for provinces and territories that do not have any primary points. They will accumulate secondary points according to the ranking of their athletes in both the Novice and Open competitions at the 2010 Canadian Championships.

P/T Rank of the athletes	Secondary points per athlete
1 st (top) ¼ of participants	1.25
2 nd ¼ of participants	1.00
3 rd ¼ of participants	0.75
4 th (lowest) ¼ of participants	0.50

The Province/Territory with the highest number of secondary points will be ranked highest among this group of Provinces and Territories.

A draw will determine the first apparatus for provinces and territories with no primary or secondary points.

The best ranked Province/Territory according to the secondary points will be ranked immediately after the lowest Province/Territory according to the primary points. The provinces/territories whose rank has been determined by a draw will be ranked immediately after the lowest Province/Territory with secondary points.

A tie in the point system will be broken by a draw amongst the tied Provinces/Territories.

Seeding to determine the first apparatus

VAULT		UNEVEN BARS		BEAM		FLOOR	
Comp. Order	Rank Qualif.	Comp. Order	Rank Qualif.	Comp. Order	Rank Qualif.	Comp. Order	Rank Qualif.
1	5	10	14	19	19	28	30
2	6	11	10	20	21	29	28
3	4	12	13	21	25	30	32

4	1	13	15	22	22	31	31
5	2	14	12	23	26	32	33
6	9	15	11	24	23	33	36
7	8	16	18	25	27	34	34
8	3	17	17	26	24	35	35
9	7	18	16	27	20	36	29

For the Team Final, the best ranked Province/Territory in each flight will start the competition on Vault. The second best ranked team will start on Uneven Bars, the third on the bye, the fourth on Beam and the fifth on Floor.

For the Individual All-Around Final, the athletes will be seeded according to their All-Around rank from the Team Final according to the draw below.

- Vault athletes ranked 1st to 9th All-Around
- Bars athletes ranked 10th to 18th
- Etc.

In case of a tie, the gymnast with the greater number of highest apparatus scores obtained in the Team Final will be considered as having a higher rank. In case of a further tie, a draw will determine the athlete considered as having the higher rank.

For the Apparatus Finals, the following draw will determine the order of passage on each Apparatus:

Competition Order	Rank on the Apparatus after Qualification
1	7
2	8
3	6
4	5
5	2
6	1
7	4
8	3

If there is a 9th athlete on an apparatus, she will compete first, i.e. before the athlete ranked in 7th place after the Qualification.

E. EQUIPMENT & TERMINOLOGY

The look of most gymnastics equipment has remained constant through the years; however, numerous equipment modifications have been made over the years to increase the safety for athletes. Overall, though, the competition floor looks the same as it did in the past.

The equipment is listed in alphabetical order, men and women apparatus combined:

Balance Beam (BB) - Women's (WAG)

The balance beam is an aluminum frame covered by rubberized foam cushioning to provide shock absorption for the ankles and wrists; a synthetic suede top surface allows for greater moisture absorption, better grip, and a non-slip performance. The beam measures 5 m long, and only 10 cm wide. In competition, the height of the beam is set at 125 cm.

Beam routines include combinations of turns, jumps and leaps, tumbling, acrobatic and dance elements, followed by a dismount. The routine is not to exceed 90 seconds, and a fall from the beam is an automatic deduction of 1.0 points, with 10 seconds to remount.

Floor Exercise (FX) – Men's (MAG) & WAG

The majority of competitive gymnastics floors are now spring floors; they contain springs and/or a rubber foam and plywood combination. This composition makes the floor bouncy, softens the impact of landings, and enables gymnasts to maximize height during tumbling. The performance space of the apparatus measures 12 metres by 12 metres, with a diagonal pass of approximately 17 metres. In addition, the out-of-bounds area is indicated by a border of white tape or mats of a different colour.

Dance and tumbling elements, combined with creative choreography, make the floor exercise one of the most popular gymnastics events. Both the men's and women's routines have required elements. The men's routines can be up to 70 seconds and are done without music, while the women's routines can be up to 90 seconds and are performed to music.

Horizontal (High) Bar (HB)- MAG

The high bar rail is 240 cm wide and is set at a height of 260 cm from the mat. The bar is typically made of steel and is held rigidly in place by a system of cables and stiff vertical supports.

Routines on the high bar involve a series of swings with various grips, "in bar" work, turns, release and regrasp skills, and a dismount. It is a very dynamic event, often regarded as the most exciting gymnastics event due to the spectacular nature of the aerial release moves and powerful swings.

Parallel Bars (PB)- MAG

The apparatus consists of two parallel bars that are held in place by a metal support framework. The bars are made of a fiberglass core with a wood veneer covering; they are 3.5 metres long and are held 2 metres above the floor. The gymnasts adjust the width between the two bars according to their body size.

A parallel bars routine consists of swinging, flight, and strength elements. Top level routines will consist mainly of swing and flight elements, with no more than three stops permitted throughout the exercise. Gymnasts must travel the full length of the apparatus, and must work both on top of below the bars.

Pommel Horse (PH)- MAG

The pommel horse is an apparatus with intense strength requirements. Modern pommel horses have a metal body that is covered with foam rubber and leather, and have plastic handles (pommels).

The height of the top surface of the apparatus from the floor is 115 cm. The top surface is 160 cm long, and 35 cm wide; the height of the pommels from the horse is 12 cm, and the distance between the pommels is 40 cm.

Still Rings - Men's

The ring tower has spring-loaded swivels combined with built-in shock absorbers to help reduce the jolt and stress on the athlete's shoulders and back. The rings are suspended by non-stretch nylon straps and plastic encased cables. They are suspended at a height of 260 cm from the mat below.

A routine on the rings will contain a combination of swing, strength, and hold elements, all while controlling the movement of the rings. A high, clean, and controlled dismount finishes off the routine. One of the most demanding of the men's events, this apparatus is a sheer test of strength, power, and muscular endurance.

Uneven Bars - WAG

The rails of the uneven bars are made of fiberglass with a wood veneer covering. They are held parallel to each other (and the floor) by a system of cables and steel vertical supports; the upper bar measures 241 cm from the floor, and the lower bar 161 cm from the floor. Athletes may adjust the width between the two bars to a maximum of 180 cm.

Uneven bar routines should be continuous, with elements flowing from one into another. They include swinging, turns, flight elements, and a dismount. A fall from the bars results in an automatic deduction of 1.0 points, with 30 seconds to remount.

Vault (VT)- MAG & WAG

The vault table for both men and women measures 120 cm in length and 90 cm in width; the height is set at 135 cm for the men, and 125 cm for the women. The runway is 1 metre wide, and a maximum of 25 metres long. The stiffness of the springboard that precedes the vault can be adjusted by changing the springs. This practice is no longer authorized in competition, so organizers provide 3 boards for athletes: a soft, a medium, and a hard board.

Gymnasts may either run directly onto the board to do their vault (forward entry) or do a roundoff on the floor to land on the board facing away from the vault (Yurchenko entry vault). When an athlete performs a Yurchenko entry vault, the use of a collar around the board is mandatory for safety reasons.

Note:

In January 2001, the FIG launched a new era in vaulting with the introduction of the new vaulting table. Until that time, the vaulting apparatus had been a "horse", much like the pommel horse but without handles. The women vaulted across the horse widthwise, and the men lengthwise. This narrow surface made the newer and more difficult vaults

increasingly dangerous for athletes, and led to some serious accidents in international competition. The new, larger support surface of the vault has made this apparatus much safer for both the men's and women's athletes.

Terminology

WAG: Women's Artistic Gymnastics

MAG: Men's Artistic Gymnastics

GCG: Gymnastics Canada Gymnastique

FIG: Fédération Internationale de Gymnastique (International Gymnastics Federation)

Terminology of apparatus in the Olympic order of competition

MAG-

FX: Floor Exercise

PH: Pommel Horse

SR: Still Rings

VT: Vault

PB: Parallel Bars

HB: High/Horizontal Bar

WAG-

VT: Vault

UB: Uneven Bars

BB: Balance Beam

FX: Floor Exercise

AA / All Around: Competition in artistic gymnastics where the outcome is based on the cumulative scores of all apparatus (women = 4 events, men = 6 events)

AF / Apparatus Finals: Competition in artistic gymnastics where the outcome is based on the highest score for each individual apparatus. This may require qualification of the top 8 athletes on each apparatus in the All Around competition, or it may be based on scores from the All Around competition.

F. ELIGIBILITY

Male: Male competitors shall be 18 & under as of December 31, 2011, and at least 12 years of age on January 1st, 2011.

Female: Female athletes must be a minimum of 12 years old as of January 1, 2011 and a maximum of not having reached 19 years old as of January 1, 2011;
Born 1992 (*except on January 1st*) to 1998 inclusive.

G. JUDGING/SCORING SYSTEM

Men's Scoring

The following outlines the sport scoring system for each of the 3 competitions. Team event scores weigh more heavily than do those for Individual All Around and Individual Event competitions.

Team Scoring: The teams will be ranked from 1st to 13th based on their results in Competition I – Team Competition. The following sport scoring points will be awarded to the teams based on their ranking.

<u>P/T Team Ranking</u>	<u>Men's Sport Scoring</u>
1st	75
2nd	70
3rd	65
4th	60
5th	55
6th	50
7th	45
8th	40
9th	35
10th	30
11th	25
12th	20
13th	15

Individual All Around Final: At the conclusion of the Individual All Around competition, the 36 gymnasts will be ranked from 1st to 36th based on their results. Each gymnast will receive a numerical score inverse to their ranking (1st place = 36 / 36th place = 1). The total points for the *top three gymnasts* from each province/territory will be added together and the teams will be ranked from 1 to 13 with the highest total score being ranked 1st.

<u>P/T Total AA Ranking</u>	<u>Men's Sport Scoring</u>
1st	30
2nd	28
3rd	26
4th	24
5th	22
6th	20
7 th	18
8 th	16
9th	14
10th	12
11th	10
12th	8
13th	6

Individual Event Finals: Based on the Individual Event Finals results, each gymnast (on the different events) will receive a numerical score inverse to their ranking (1st place = 8 / 8th place = 1). The total points for each province/territory will be added together and the teams will be ranked from 1 to 13 with the highest total score being ranked 1st.

<u>P/T Total Event Ranking</u>	<u>Men's Sport Scoring</u>
1st	45

2nd	42
3rd	39
4th	36
5th	33
6th	30
7th	27
8th	24
9th	21
10th	18
11th	15
12th	12
13th	9

Woman's Scoring

The following outlines the sport scoring system for each of the 3 competitions. Team event scores weigh more heavily than do those for Individual All-Around and Individual Event competitions.

Team Scoring: The teams will be ranked from 1st to 13th based on their results in Competition I – Team Competition. The following sport scoring points will be awarded to the teams based on their ranking.

<u>P/T Team Ranking</u>	<u>Women's Sport Scoring</u>
1st	90
2nd	84
3rd	78
4th	72
5th	66
6th	60
7th	54
8th	48
9th	42
10th	36
11th	30
12th	24
13th	18

Individual All-Around Final: At the conclusion of the Individual All-Around competition, the 36 gymnasts will be ranked from 1st to 36th based on their results. Each gymnast will receive points inverse to her ranking (1st place = 36 / 36th place = 1). The total points for the *top three gymnasts* from each province/territory will be added together and the teams will be ranked from 1 to 13 with the highest total score being ranked 1st.

<u>P/T Total AA Ranking</u>	<u>Women's Sport Scoring</u>
1st	30
2nd	28
3rd	26
4th	24
5th	22
6th	20

7th	18
8th	16
9th	14
10th	12
11th	10
12th	8
13 th	6

Note: In fairness to all Provincial/Territorial teams, only the top three (3) gymnasts per team will contribute points to the team total in the Individual All-Around Final even if the team has more than three (3) gymnasts competing in the Individual All-Around Final.

Individual Event Finals: Based on the Individual Event Finals results, each gymnast (on the different events) will receive points inverse to her ranking (1st place = 8 / 8th place = 1). The total points for each province/territory will be added together and the teams will be ranked from 1 to 13 with the highest total score being ranked 1st.

<u>P/T Total Event Ranking</u>	<u>Women's Sport Scoring</u>
1st	30
2nd	28
3rd	26
4th	24
5th	22
6th	20
7th	18
8th	16
9th	14
10th	12
11th	10
12 th	8
13 th	6

Provincial/Territorial Ranking

The total sport scoring points collected by each Province/Territory will be added together in order to obtain a final ranking of the teams and the Flag Points will be awarded for each of the Women's (10 points) and the Men's (10 points) categories, as follows:

<u>Overall Provincial/Territorial Ranking</u>	<u>Flag Points</u>
1st place	10.0 pts
2nd place	9.0 pts
3rd place	8.0 pts
4th place	7.0 pts
5th place	6.0 pts
6th place	5.0 pts
7th place	4.0 pts
8th place	3.0 pts
9th place	2.5 pts
10th place	2.0 pts
11th place	1.5 pts
12th place	1.0 pts

13th place

0.5 pts

**See also "Section I: Role of Officials" below, for further scoring information.

H. PLAYOFF AND TIE-BREAKING FORMAT

Men

Competition Scoring

The rules for tie breaking can be found in the most current version of the FIG Technical Regulations. The FIG Rules will be modified to reflect the number of judges on the B jury at the Canada Games.

Provincial/Territorial Ranking

In the case of a tie in the team rankings, the province/territory with the greater number of first place team scores per event will be assigned the higher rank. If the tie persists, the procedure is repeated with second place team scores per event, then third, etc.

Women

Competition Scoring

Ties are not broken. Teams or athletes having the same total/score will receive the same ranking.

Provincial/Territorial Ranking

To determine the Provincial/Territorial points awarded in case of a tie for any of the competitions, the following system will be used:

- * the number of points for the tied positions are averaged by adding the points for the tied positions and then dividing by the number of tied teams or competitors;
- * each province or territory then receives the averaged number of points.

Once the sport scoring calculations are completed and in the case of an overall tie in the Provincial/Territorial rankings, the Province/Territory with the greater number of first place rankings will be assigned the higher rank. If the tie persists, the procedure is repeated with second place team scores per Apparatus, then third, etc.

Example:

Out of 6 ranks (C-1 x 1, C-2 x 1, C-3 x 4), the Province/Territory who finished first twice, will be ranked ahead of the Province/Territory who finished first once.

I. ROLE OF OFFICIALS IN SPORT

At the World level (Olympic Games or World Championships), 8 judges are in charge of evaluating the routines presented by the athletes. The D-Panel is composed of 2 judges and the E-Panel is made up of 6 judges (including 2 reference judges). Judges follow the rules as presented in the FIG (International Gymnastics Federation) Code of Points.

For International invitationals, and for domestic meets in Canada, the E-Panel is composed of only 4 judges. All judges involved at the international, Canadian or provincial levels have successfully taken a judging course.

Scoring: Following the 2004 Olympic Games in Athens, the FIG adopted a new system of scoring. The elusive 10.0 score was replaced by an open ended way of scoring through which officials are divided into D and E panels, and each give out a score.

D-Panel / D-Score: The D-Panel judges evaluate the content/**d**ifficulty of the entire exercise for each athlete and give the D-Score. The D-Score indicates the value of the content of the exercise, taking into consideration the requirements set forth by the FIG and the level of difficulty of the elements in each athlete's routine.

E-Panel / E-Score: The E-Panel judges evaluate the quality of **e**xecution of the elements. For example, they assess the height of the performed elements, the alignment of the body in handstand positions, and the amplitude of swings on the bars. They make deductions when legs or arms are bent, or when an athlete falls or takes a step upon landing.

The E-Score is out of 10.0 points.

Final Score: The final score of an athlete's exercise is the sum of the D-Score and the E-Score.

How much does a judge take for a break in form? As a general rule, faults are divided into small, medium, and large.

0.0 Small faults: 0.10

The element is not perfect but the visual image of the body action or body position is only slightly modified (soft legs or arms, for example)

0.1 Medium faults: 0.30

The element can be recognized but the visual image of the body action or body position is significantly modified (clear bent of the legs, close to 90°)

0.2 Large faults : 0.50

A large fault makes the element almost not recognizable

- Fall on or off the apparatus: 1.0

J. FACILITY DESCRIPTION

The Canada Games Centre is a state of the art facility built as a legacy to the 2011 Canada Games that will help to further athlete development for years to come in Halifax. The Centre is located 10 kilometres from the Athletes Village and features a Fieldhouse Aquatic Centre, an indoor running track and Fitness Centre.

All Gymnastic events will take place at the Canada Games Centre Fieldhouse. Badminton and Synchronized Swimming will also be held at the Canada Games Centre.

K. SPORT MEMBERSHIP NUMBERS AND STRUCTURE - Gymnastics Canada Gymnastique (CGC) – 2009

														August 2009
														TOTALS
CATEGORIES		AB	BC	MB	NB	NL	NT	NS	ON	PEI	QC	SK	YT	TOTALS
Competitive & Pre-Competitive Gymnasts:														
	Artistic - Women	738	1,368	881	304	245	26	233	4,261	66	4,606	526	24	13,278
	Artistic - Men	206	256	93	32	63	15	63	498	26	303	80	7	1,642
	Trampoline - Women	119	195	24	7	0	7	49	551	0	523	75		1,550
	Trampoline - Men	61	61	1	1	0	1	15	203	0	0	15		358
	Aerobic	0	0	0	0	0	0	0	15	0	0	0		15
	Rhythmic	82	275	132	0	0	0	40	483	0	55	40		1,107
	Acrobatic	0	0	0	0	0	0	0	0	0	0	0		0
Recreational Gymnasts:														
	Artistic - Women	24,131	21,380	4,033	2,220	1,629	280	3,347	58,223	656	22,135	6,757	205	144,996
	Artistic - Men	11,484	11,306	1,310	486	465	220	1,139	19,163	175	4,874	2,644	103	53,369
	Trampoline - Women	760	316	46	24	0	0	85	2,201	0	1,251	13		4,696
	Trampoline - Men	654	286	16	5	0	0	30	1,356	0	0	1		2,348
	Aerobic - Women	0	0	0	0	0	0	0	23	0	0	0		23
	Aerobic - Men	0	0	0	0	0	0	0	0	0	0	0		0
	Rhythmic	718	638	222	0	0	0	0	799	0	549	0		2,926
	Acrobatic - Women	0	150	0	0	0	0	0	0	0	0	0		150
	Other	0	2,205	0	0	0	98	0	0	0	498	544	471	3,816
Others:														
	Supporters / Volunteers	21	0	24	0	68	11	33	1,064	23	0	391		1,635
	Associate Members	0	0	105	26	0	0	0	0	91	0	0		222
Competitive Coaches:														
	Artistic - Women	126	175	116	41	30	2	28	584	35	348	98	4	1,587
	Artistic - Men	42	49	14	7	9	3	12	202	6	43	10	1	398
	Trampoline - Women	19	11	0	1	0	0	6	56	0	32	13		138
	Trampoline - Men	16	8	0	1	0	0	1	45	0	16	0		87
	Aerobic	0	0	0	0	0	0	0	1	0	0	0		1

	Rhythmic	18	28	11	0	0	1	6	75	0	14	23		176
	Acrobatic	0	0	0	0	0	0	0	0	0	0	0		0
Recreational	Artistic - Women	429	474	93	64	54	16	69	1,417	0	668	141	5	3,430
Coaches:	Artistic - Men	42	74	1	5	0	2	18	185	0	26	0	1	354
	Trampoline - Women	9	12	0	0	0	0	2	70	0	19	0		112
	Trampoline - Men	8	15	0	0	0	0	1	46	0	0	0		70
	Aerobic	0	0	0	0	0	0	0	4	0	0	0		4
	Rhythmic	29	51	4	0	0	0	0	29	0	10	0		123
	Acrobatic	0	0	0	0	0	0	0	0	0	0	0		0
	CIT (In Training)	418	100	0	0	0	6	0	629	0	281	165	12	1,611
Judges:	Artistic - Women	70	39	10	40	12	2	6	96	0	46	57	2	380
	Artistic - Men	33	13	3	4	3	0	1	16	0	4	11		88
	Trampoline - Women	23	32	1	0	0	0	0	28	0	11	15		110
	Trampoline - Men	17	7	0	0	0	0	0	13	0	0	0		37
	Aerobic	0	0	0	0	0	0	0	2	0	0	0		2
	Rhythmic	8	6	8	0	0	0	2	42	0	2	10		78
	Acrobatic	0	0	0	0	0	0	0	0	0	0	0		0
TOTAL MEMBERSHIP 2009		40,281	39,530	7,148	3,268	2,578	690	5,186	92,380	1,078	36,314	11,629	835	240,917

L. ATHLETES TO WATCH FOR

Since athletes can win the All Around or one event, most provinces have at least one athlete that could potentially finish in the top 8 positions, at least on one event.

M. NOTABLE PAST ATHLETES/ALUMNI

2007

Dominique Pegg, ON – 1st All-Around (AA): Dominique is a young, up-and-coming member of the Canadian National team. She was a member of the 2010 World Championships team and she finished 3rd AA at the 2010 Canadian Championships

Brittany Rogers, BC – 2nd AA: Brittany is currently a member of the Senior National team. At the 2009 World Championships, she made the All Around finals, and also qualified for apparatus finals on vault.

Jackson Payne, AB – 1st AA: Jackson was a member of the 2009 and 2010 World Championships team and at age 19, he has already won 2 World Cup medals.

Jayd Lukenchuk, SK – 2nd AA: Jayd is a member of the senior national team, and recently made his world championship début in Rotterdam finishing 47th in AA.

2003

Nathan Gafuik, AB – 1st AA: Nathan is currently a member of the Canadian Gymnastics Team. He qualified for the Individual All Around at the 2008 Olympics in Beijing, and helped Canada to a best ever 6th place finish at the 2006 World Gymnastics Championships. Individually, Nathan was 17th in the All Around at these World Championships.

Adam Wong, AB – 3rd AA: At the 2008 Olympics in Beijing, he qualified for the individual All Around. He also helped Canada to a best ever 6th place finish at the 2006 World Gymnastics Championships, and was 9th in the All Around at these World Championships.

1999

Ken Ikeda, BC – 1st AA: Ken is currently a member of the Canadian Gymnastics Team and helped Canada to a best ever 6th place finish at the 2006 World Gymnastics Championships. He also was a member of the 2004 and 2008 Olympic Teams, and is the brother of 1991 Canada Games athlete Richard Ikeda.

Brandon O'Neill, AB – 16th AA: Brandon is currently a member of the Canadian Gymnastics Team and helped Canada to a best ever 6th place finish at the 2006 World Gymnastics Championships. Brandon won the silver medal on FX at the 2005 World Championships and has won 11 medals on the World Cup circuit. He is considered to be one of the best in the world on floor exercise and vault.

Kyle Shewfelt, AB - Canada's only artistic gymnastics Olympic medalist when he won gold at the 2004 Olympics on Floor Exercise. Won 2 bronze at the 2003 World

Championships in Anaheim - floor exercise and vault. Kyle helped Canada to a best ever 6th place finish at the 2006 World Gymnastics Championships.

Amelie Plante, QC – 2nd AA: Amelie was a member of the 2004 Olympic team and the 2003 World Championships team.

1995

Lise Leveille, BC – 18th AA: Lise was a member of Canada's gold medal winning team at the 1999 Pan Am Games in Winnipeg and also a member of Canada's 2000 Olympic team in Sydney. Attended Stanford University on a gymnastics scholarship where she was the anchor of the team.

Alexander Jeltkov, QC – 1st AA: Alexander was a Horizontal Bar specialist and won several world cup medals and a World Championships silver medal on this event. He and Kyle Shewfelt were the lone representatives for Canada at the 2000 Olympics. "Sasha" was a member of the 2003 World Championships team that secured Canada a team berth at the 2004 Olympics.

David Kikuchi, NS – 21st AA: David helped Canada to a best ever 6th place finish at the 2006 World Gymnastics Championships. He also was a member of the 2004 & 2008 Olympic team and 2003 World Championships team.

1991

Richard Ikeda, BC – 3rd AA: One of Canada's best ever male gymnasts, Richard attended the 1996 Olympics and won the Senior Men's Canadian Championship 3 times. In 2003, he helped Canada to a 9th place finish at the World Championships. Upon his retirement in 2005, he had attended 20 Canadian Championships. Brother of 1999 Canada Games athlete Ken Ikeda

1987

Gord Hopper, SK – 1st pommel Horse. Gord Hopper served as the Gymnastics BC Technical Director for 10 years and is currently the High Performance Director for Freestyle Skiing Canada.

1983

Sandra Botnen, BC – 1st balance Beam. Sandra represented Canada at the 1985 World Championships. She is now a noted choreographer and song-writer, having composed lyrics to accompany the music of Cirque du Soleil composer Benoit Jutras.

Curtis Hibbert, ON – 1st AA: Curtis Hibbert won two world medals, *6* national All Around titles (a new record), and a Commonwealth All Around and team title between 1987 & 1992. Curtis Hibbert was a big surprise in winning his high bar world silver medal in Rotterdam in 1987. At the Seoul Olympic Games later that year, he made 3 event finals (floor, parallel bars, and high bar), finished 22nd in the All-Around, and led Canada to a best ever 9th place as a team - easily its best finish ever.

1979

Anita Botnen, BC – 3rd AA: Anita represented Canada at the 1984 Olympics.

1971

Philip Delesalle, BC – 1st FX: Philip Delesalle was the first great Canadian gymnast. He won 5 consecutive Canadian Championships (1976-1980), represented Canada at the 1976 Olympics to finish 22nd overall. At the 1979 World Championships he finished 12th. In 1992 the gymnastics world honour Philip by naming the pommel horse move he introduced in 1989 the "Delesalle".

N. NOTABLE CANADIAN RECORDS

Brandon O'Neill - Silver medalist on floor exercise at the 2005 World Championships in Melbourne, Australia - fourth MAG Canadian athlete in the history to win a medal at a World Championships.

Alexander Jeltkov - Silver medalist on high bar at the 1999 World Championships – second MAG Canadian athlete in the history to win a medal at a World Championships.

Kyle Shewfelt - The first and only Canadian, male or female, to ever win an Olympic medal in Artistic Gymnastics (Gold – FX, Athens 2004). Also noted as the most successful Canadian world-level medalist. Kyle was inducted in the Canadian Sport Hall of Fame in November 2010.

Kate Richardson - The only Canadian woman to reach an apparatus final in Artistic Gymnastics at a non-boycotted Olympic Games (2004 Athens).

Elyse Hopfner-Hibbs - The first Canadian female gymnast to win a medal at the World Artistic Gymnastics competition (Bronze on Balance Beam – 2006 World Championships).

Curtis Hibbert – First men to win a medal at a World Championships (silver on HB in 1987). Qualified for 3 apparatus finals at the 1988 Olympic Games

O. ATHLETE/TEAM MATCH-UPS (RIVALRIES)

On both the men's and women's sides, the teams to watch are traditionally, Alberta, British Columbia, Ontario and Québec. Looking at the past performances of those teams at Canadian Championships and Canada Games, they should be in good position to win medals.