

# Media Information Package

## **VOLLEYBALL**





## **Media Information Package Indoor Volleyball**



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### A. HISTORY OF THE SPORT

Volleyball has come a long way from the dusty-old YMCA gymnasium of Holyoke, Massachusetts, USA, where visionary, William G. Morgan, invented the sport back in 1895. It has seen the start of two centuries and the dawn of a new millennium. Volleyball is now one of the big five international sports, and the FIVB, with its 218 affiliated national federations, is the largest international sporting federation in the world.

Over the last decade particularly, volleyball has witnessed unprecedented growth. With the success of its world competition such as the World Championships, Olympic Games, the US\$15 million World League, Grand Prix, World Cup, and World Grand Champions Cup, the level of participation at all levels internationally continues to grow exponentially.

### B. CANADA GAMES SPORT HISTORY AND PAST RESULTS

Volleyball was in the first ever Canada Games in 1967, and was originally featured in the Winter Games. In 1985, volleyball was played in the Summer Games in Saint John, NB. It has switched between Games since then, but is currently back in the Summer Games.

#### PAST RESULTS

	1967*		1971*		1975*		1979		1983	1985	1987		1989		1993		1997		2001		2005	
	M	F	M	F	M	F	M	F	F	M	M	F	M	F	M	F	M	F	M	F	M	F
<b>AB</b>	-	3	-	-	-	3	8	5	2	4	5	4	5	5	2	2	4	5	2	6	5	3
<b>BC</b>	1	-	3	3	1	1	2	1	5	5	6	7	6	4	6	5	2	2	1	3	4	4
<b>MB</b>	2	2	1	1	2	2	1	6	4	2	3	1	4	3	4	3	5	3	3	4	1	2
<b>NB</b>	-	-	-	-	-	-	8	4	7	8	8	6	10	6	7	6	7	8	7	9	9	7
<b>NF</b>	-	-	-	-	-	-	6	9	6	9	7	9	8	9	8	7	8	6	8	7	10	9
<b>NS</b>	-	-	-	-	-	-	7	7	9	3	9	8	7	8	10	9	9	9	9	8	7	8
<b>NWT</b>	-	-	-	-	-	-	12	11	11	11	11	12	11	11	11	11	11	11	11	11	-	12
<b>ON</b>	3	1	2	-	3	-	4	2	3	7	4	2	3	7	1	4	3	4	4	2	3	1
<b>PEI</b>	-	-	-	-	-	-	10	10	10	10	12	10	9	10	9	10	10	10	10	10	8	10
<b>QC</b>	-	-	-	2	-	-	3	3	1	6	2	3	1	2	3	1	1	1	6	1	2	6
<b>SK</b>	-	-	-	-	-	-	9	5	8	1	1	5	2	1	5	8	6	7	5	5	6	5
<b>YK</b>	-	-	-	-	-	-	11	-	-	-	10	11	-	-	-	-	-	-	-	-	11	11

M = Male F = Female \* Results only include top 3 ranking

### C. NUMBER OF ATHLETES ON TEAM

Male 12 Female 12



### D. EVENT FORMAT AND RULES OF PLAY

Preliminary Competitions: Round Robin, Two Pools  
Rules of play are those of the Volleyball Canada (VC).

Seeding is based on the results of the 2005 Canada Games. The two pools which will be established will be seeded based on the serpentine system.

A maximum of 3 teams from each pool will advance to the championship round. Those teams who do not advance into the Championship Round will play in the Consolation round.

### E. EQUIPMENT AND TERMINOLOGY

*Court size* – rectangular court 18 m long and 9 m wide, divided into two equal parts by a net.

*Net height* – 2.43 m for men and 2.24 for women (height of net varies for Volleyball Canada youth competitions (*see official rule book*)).

*Team composition* – A team may consist of a maximum of 12 players. There must always be 6 players per team in play: 3 along the net and 3 are back-row players. A substitute player may enter the game in the place of a player in accordance with the official game rules (*see official rule book*).

*Playing the game* – The team has 3 contacts for returning the ball (in addition to the block contact). The ball is put in play with a service over the net to the opponents. The rally continues until the ball is grounded on the playing court, goes 'out' or a team fails to return it properly.

*Scoring points* – In volleyball, the team winning a rally scores a point (rally point system). When the receiving team wins a rally, it gains a point and the right to serve, and its players rotate one position clockwise. A point will be scored every play, regardless who is serving. A set is won by the team which first scores a minimum of 25 points with a lead of at least two points (e.g. 25-13, 25-23, 28-26...etc.). The deciding set (e.g. game 5 in a best 3 of 5 match or game 3 in a best 2 of 3 match) is played to 15 points.

*Ace* – served ball landing within the playing boundaries, untouched by the receiving team.

*Attack hit* – a spike or soft shot over the net attempting to end the rally and earn the point.

*Block* – an attempt by a player to intercept the ball with their arms above the net before, or just as it crosses the net.

*Bump (serve receive)* – technique to playing the ball using forearms played underhand, with hands together to direct the ball.

*Bump (set)* – a forearm pass used as a set usually to initiate an attack.

*Bye* – where a team does not have to play its game in a particular type of draw, the team progresses to the next round.

*Carry (held ball)* – a fault called if the ball comes to rest or is held in the course of contact by one player.

*Cover* – refers to backing up a partner's hit when the opponent attempts a block. The cover anticipates the possibility of the block being successful.

*Cut shot* – offensive hit in which a player instead of hitting with power slices the ball sharply

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cross-court nearly parallel to the net

*Dig* – ball retrieved with any part of the body, usually from a spike or hard driven attack.

*Floater* – a serve that follows an uneven trajectory over the net.

*Joust* – a ball that is played close to the net with the hitter and blocker both simultaneously contacting the ball.

*Roll shot* – an off speed soft shot directed over the blocker and away from the defender.

*Roof block* – block that puts the ball straight down on the side of the attacking team.

*Sideout* – should the team that receives the service win the rally they have scored a sideout and they win the right to serve.

*Six pack (facial)* – refers to a player who was hit directly in the face by the ball.

*Wipeoff* – the attacking hit that deflects off the block of the defending team.

### F. AGE ELIGIBILITY

Men: Athlete must be 21 and under as of December 31, 2009 (Date of Birth: 1988 or later)

Women: Athlete must be 20 and under as of December 31, 2009 (Date of Birth: 1989 or later)

### G. JUDGING / SCORING SYSTEM

Each team will play one match against all the other teams in its pool. The win goes to the team which has won three (3) sets out of five (5).

### H. PLAYOFF AND TIE-BREAKING FORMAT

Ties will be broken according to the 2004-05 VC rules.

### I. ROLE OF OFFICIALS IN SPORT

A volleyball official's role is to maintain the flow of a match while at the same time, instilling the rules allowing for a fair playing field. Officials direct the start and completion of every play, through a series of hand signals. The first referee stands on a platform with a view above the net. The second referee stands on the floor on the other side of the court. Points are recorded by an official scorer who also controls substitutions as well as the rotation of players at the change of service.

### J. FACILITY DESCRIPTION

MacLauchlan Arena, Charlottetown

MacLauchlan Arena is located on the campus of the University of Prince Edward Island and is attached to the Chi-Wan Young Sports Centre and the CARI Aquatics Centre. Opened since 2004, the two arenas in this complex will host Indoor Volleyball during Week Two.

### K. SPORT MEMBERSHIP NUMBERS AND STRUCTURE

Volleyball Canada has gone through a recent upgrade in technology and has drastically improved the way that its membership is recorded. All members continue to register via their provincial and territorial associations, but with an integrated system that is now in place, these members are

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now part of a national wide database that allows Volleyball

Canada to have direct contact with its members. All event registrations and communications are done via the National Database ensuring that all information is updated on an ongoing basis. Currently Volleyball Canada has approx. 35,000 registered competitive members, but this number rises to over 2 million when you add in the registered and non-registered recreational players, leagues and institutions nationwide.

### L. NOTABLE PAST ATHLETES/ALUMNI

Many of Canada's National Team players have been members of their provincial teams that participated in the Canada Games. One of the more recent players to have Canada Games success and beyond is *Fred Winters*. Fred was a member of Team BC winning gold in 2001 along with the MVP honors. Since then, Fred attended Pepperdine University in the USA, played on the volleyball team and is a current member of the senior Men's National Volleyball Team. A few other notable players are below.

Current National Team members who have played at the Canada Games:

Louis-Pierre Mainville (2005 – silver medal)

Benoît Raymond (2005 – silver medal)

Marie-Pier Murray-Méthot (2005)

### M. SCHEDULE OF EVENTS

Pool Play

**Monday, August 24, 2009**

Time	Event Stage	Game No.	Participants	Venue
10:00	Preliminary	1	QC v NS	UPEI 1
10:00	Preliminary	2	NL v SK	UPEI 2
10:00	Preliminary	3	YT v ON	MacLauchlan
12:00	Preliminary	4	BC v NB	UPEI 1
12:00	Preliminary	5	AB v PE	UPEI 2
12:00	Preliminary	6	MB v NB	MacLauchlan
14:00	Preliminary	7	PE v QC	UPEI 1
14:00	Preliminary	8	YT v AB	UPEI 2
14:00	Preliminary	9	BC v NL	MacLauchlan
16:00	Preliminary	10	SK v NS	UPEI 1
16:00	Preliminary	11	QC v YT	UPEI 2
16:00	Preliminary	12	ON v NL	MacLauchlan
18:00	Preliminary	13	SK v NS	UPEI 1
18:00	Preliminary	14	MB v PE	UPEI 2
18:00	Preliminary	15	NB v AB	MacLauchlan
20:00	Preliminary	16	MB v YT	UPEI 1
20:00	Preliminary	17	AB v PE	UPEI 2
20:00	Preliminary	18	QC v NB	MacLauchlan

**Tuesday, August 25, 2009**

Time	Event Stage	Game No.	Participants	Venue
10:00	Preliminary	19	ON v NS	UPEI 1
10:00	Preliminary	20	NL v SK	UPEI 2
10:00	Preliminary	21	QC v SKL	MacLauchlan
12:00	Preliminary	22	NS v ON	UPEI 1

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12:00	Preliminary	23	NL v YT	UPEI 2
12:00	Preliminary	24	MB v NB	MacLauchlan
14:00	Preliminary	25	BC v AB	UPEI 1
14:00	Preliminary	26	MB v QC	UPEI 2
14:00	Preliminary	27	NB v AB	MacLauchlan
16:00	Preliminary	28	PE v YT	UPEI 1
16:00	Preliminary	29	ON v NL	UPEI 2
16:00	Preliminary	30	BC v SK	MacLauchlan
18:00	Preliminary	31	QC v NL	UPEI 1
18:00	Preliminary	32	YT v NS	UPEI 2
18:00	Preliminary	33	ON v SK	MacLauchlan
20:00	Preliminary	34	MB v AB	UPEI 1
20:00	Preliminary	35	PE v BC	UPEI 2
20:00	Preliminary	36	MB v PE	MacLauchlan

### Wednesday, August 26, 2009

Time	Event Stage	Game No.	Participants	Venue
10:00	Preliminary	37	NB v YT	UPEI 1
10:00	Preliminary	38	AB v QC	UPEI 2
10:00	Preliminary	39	ON v SK	MacLauchlan
12:00	Preliminary	40	NS v BC	UPEI 1
12:00	Preliminary	41	QC v ON	UPEI 2
12:00	Preliminary	42	SK v YT	MacLauchlan
14:00	Preliminary	43	NS v NL	UPEI 1
14:00	Preliminary	44	MB v BC	UPEI 2
16:00	Preliminary	45	PE v NB	UPEI 1
16:00	Preliminary	46	MB v AB	UPEI 2
18:00	Preliminary	47	QC v YT	UPEI 1
18:00	Preliminary	48	NB v PE	UPEI 2
20:00	Preliminary	49	ON v BC	UPEI 1
20:00	Preliminary	50	NS v NL	UPEI 2

### Placing

### Thursday, August 27, 2009

Time	Event Stage	Game No.	Participants	Venue
12:00	Women's Consolation Quarter-Final 1	51	C5th v D6th	UPEI 2
12:00	Men's Consolation Quarter-Final 1	52	A5th vs B6th	UPEI 1
14:00	Women's Champion Quarter-Final 1	53	C3rd v D2nd	UPEI 2
14:00	Mens' Champion Quarter-Final 1	54	A3rd v B2nd	UPEI 1
16:00	Women's Champion Quarter-Final 2	55	C2nd vs D3rd	UPEI 2
16:00	Men's Champion Quarter-Final 2	56	A2nd v B3rd	UPEI 1
18:00	Women's Consolation Semi-Final 1	57	C4th v D 5 th	UPEI 2
18:00	Mens' Consolation Semi-	58	A4th v B 5 th	UPEI 1

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	Final 1			
20:00	Women's Consolation Semi-Final 2	59	D4th v W 51	UPEI 2
20:00	Men's Consolation Semi-Final 2	60	B4th v W 52	UPEI 1

### Friday, August 28, 2009

Time	Event Stage	Game No.	Participants	Venue
12:00	Women's 9th/10th Place	61	L57 v L 59	UPEI 2
12:00	Men's 9th/10th Place	62	L 58 v L 60	UPEI 1
14:00	Women's Champ Semi-Final 1	63	C1st v W 53	UPEI 2
14:00	Men's Champ Semi-Final 1	64	A1st v W 54	UPEI 1
16:00	Women's Champ Semi-Final 2	65	D1st v W 55	UPEI 2
16:00	Men's Champ Semi-Final 2	66	B1st v W 56	UPEI 1
18:00	Women's 7th/8th Place	67	W 57 v W 59	UPEI 2
18:00	Men's 7th/8th Place	68	W 58 v W 60	UPEI 1
20:00	Women's 5th/6th Place	69	L53 v L 55	UPEI 2
20:00	Men's 5th/6th Place	70	L54 v L 56	UPEI 1

### Saturday, August 29, 2006

Time	Event Stage	Game No.	Participants	Venue
10:00	Women's Gold	71	W 63 vs W 65	UPEI 2
10:00	Men's Bronze	72	L 64 v L 66	UPEI 1
12:00	Women's Bronze	73	L 63 v L 65	UPEI 2
12:00	Men's Gold	74	W64 v W 66	UPEI 1