



2017 Canada Summer Games Diving Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committees by detailing tournament formats and scoring procedures, assist Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "training to compete" phase of its Long Term Athlete Development Model (LTAD), or other suitable phase of the model as justified by the NSO, discussed with the LTAD expert group, and approved by the Canada Games Council (CGC) Sport Committee.

Every Games' coach, manager, Sport Chairperson and Mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the CGC Sport Committee through his or her Chef de Mission or NSO.

Technical Packages are developed 36 to 24 months prior to Games primarily by NSOs, following principles outlined in this document, guidelines and requirements of the CGC. As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO. Technical Packages are developed by sport, not disciplines.

If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will evaluate the merits of the request and will, if it has merit, submit the requested change or clarification to the CGC's Sport Division for consideration. The NSO or Chef de Mission will submit the rationale for the request. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered after 36 months prior to the Games. Additions or changes to events/competition formats that result in a significant cost increase to the Host Society will not be considered after 24 months before the Games, unless approved by the CGC and the Host Society. Substantive changes to events or competition formats will not be considered after 18 months before the Games, unless approved by all participating provincial/territorial associations and the CGC. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games' participants early.

National Partners/Partenaires nationaux

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**2017 Canada Summer Games
Diving Technical Package**

1. SPORT: DIVING

2. PARTICIPANTS:

2.1. Competitors:

Male 4
Female 4

- Provinces/Territories may bring up to 4 divers per gender, provided a synchro team is entered for that gender. If no synchro team is entered, then the province/territory is restricted to 3 athletes in that gender
- Maximum of 4 divers per individual event. Only the top 3 divers in each province/territory may advance to finals, if eligible. There is no restriction on the number of entries for synchro.

2.2. Staff:

2 Coaches
1 Manager

If female athletes are being sent, one of the coaches must be female. If male athletes are being sent, one of the coaches must be male.

2.3. Additional Team Staff*:

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have same access as competitors and team staff.
- Venue Pass Holder
 - See [Venue Pass Holder Policy](#)
 - Venue Pass Holders do not have access to the field of play
 - Venue Pass Holder's access:
 - Front of House (Spectator areas)
 - Team Areas (athletes lounge, change rooms)

* Additional Team staff positions are administered by the Provincial/Territorial (P/T) Mission Team. Positions must be applied for based on each P/T Missions process. For information pertaining to the process in your P/T contact your Chef de Mission.

3. CLASSIFICATION:

Year of Birth: 1998 or later

4. ELIGIBILITY

4.1. Coaches:

The head coach on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program (NCCP) to at least Level 3 or the equivalent level in the new NCCP, Competition stream, Development context, (Certified status). These coaches must be so certified not later than 90 days before the opening of the Games (May 1st, 2017).

Assistant coaches on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program (NCCP) to at least Level 3 or the equivalent level in the new NCCP, Competition stream, Development context, (Trained status). These coaches must be certified / trained not later than 90 days before the opening of the Games (May 1st, 2017).

If a Provincial/Territorial team does not distinguish between a head coach and assistant coaches, at least one of the team's coaches must be level 3 certified or competition development certified, while the others must be level 3 certified or competition development trained.

Exemptions from the above requirements may be requested only in provinces/territories with no active (current season membership) qualified coaches per the above and in accordance with the 2017 Principles that Govern Technical Packages.

4.2. Competitors:

Excluded from the Canada Games are:

- a) Senior National Team Athletes are not eligible for the Canada Games*;

- b) Athletes that have held an SR1 or SR2 card (as defined by Sport Canada’s Athlete Assistance program) at any time.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status or National Team status (i.e., no athlete will be excluded if they become National Senior Team members for the first time or are granted carding status after May 1st, 2017).

*Athletes who hold a C card (as defined by Sport Canada’s Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted by the respective Provincial/Territorial Chef de Mission and approved by the Canada Games Council’s Sport Committee.

5. COMPETITION:

DIVING CANADA RULES

In accordance with Diving Canada Rules, the order of starting shall be decided by lot.

The Canada Games format will include preliminary and final sessions, with no semi-finals, for the 1 metre, 3 metre and platform events, and will reflect current Diving Canada rules, except as may be amended herein.

For all individual events there shall be a preliminary and a final session. Each final session shall comprise the top twelve (12) ranked divers from the preliminary session. **Only the top 3 divers in each province/territory may advance to the final session, if eligible. The 4th placed diver from each province/territory will not be included in the provincial/territorial ranking points.** In the final session, the divers shall compete in the reverse order of their ranking determined by the scores at the end of the preliminary session. The preliminary and the final sessions are separated events, each starting at zero (0) points.

All synchro events shall be a final competition. Only the province/territory’s best placing may count for provincial/territorial ranking points, however all teams are eligible for medals.

Events	Men	Women
1 metre	Each session of the men's 1 metre springboard competition (preliminary and final) shall comprise six (6) dives without limit of degree of difficulty, of which one	Each session of the women's 1 metre springboard competition (preliminary and final) shall comprise five (5) dives from different groups without limit of degree of difficulty.



	dive shall be selected from each group plus an additional dive which may be selected from any group.	
3 metre	Each session of the men's 3 metre competition (preliminary and final) shall comprise six (6) dives without limit of degree of difficulty, of which one dive shall be selected from each group plus an additional dive which may be selected from any group.	Each session of the women's 3 metre competition (preliminary and final) shall comprise five (5) dives from different groups without limit of degree of difficulty.
Platform	Each session of the men's platform competition (preliminary and final) shall comprise six (6) dives from different groups without limit of degree of difficulty. Any level of the platform may be used.	Each session of the women's platform competition (preliminary and final) shall comprise five (5) dives from different groups without limit of degree of difficulty. Any level of the platform may be used.

Competition format for synchronized 3 Metre (Men and Women)

The synchronized diving events will be conducted per FINA Rules (D3.7).

D 3.7.1 The synchronized diving competition involves two competitors diving simultaneously from the springboards. The competition is judged on how the two divers individually perform their dives and how the two divers as a team synchronize their performance.

D 3.7.3 Every competition for women on 3m springboard shall comprise five (5) rounds of dives: Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without limit of degree of difficulty.

D 3.7.4 Every competition for men on 3m springboard shall comprise six (6) rounds of dives: Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and four (4) rounds of dives without limit of degree of difficulty.

D 3.7.5 The Women's competitions comprise five (5) rounds of dives from at least four (4) groups, with at least one dive forward facing, and which shall not be in a standing position on the springboard.

D 3.7.6 The Men's competitions comprise six (6) rounds of dives from at least four (4) groups, with at least one dive forward facing, and which shall not be in a standing position on the springboard. Within the six (6) rounds, a group cannot be used more than twice.

D 3.7.7 In each round the two divers must perform the same dive (same dive number in the same position).

6. SPORT SCORING:

INDIVIDUAL COMPETITION

The province/territory's three (3) best placings will count towards the provincial/territorial ranking point total.

1m, 3m & Platform Competitions

The placings are established as follows: For the finalists, the points scored in the Final session determine the placings 1-12. For those divers eliminated in the Preliminary competition, the points scored in the Preliminary competition determine the placings 13th and beyond.

Provincial/ Territorial rankings in each individual diving event will be determined by their competitors' ranking in each event. When this event ranking has been established, sport scoring points will be awarded separately for men and women as follows:

Position	Pts		Position	Pts		Position	Pts		Position	Pts
1st place	100		11th place	75		21st place	65		31 st place	55
2nd place	97		12th place	74		22nd place	64		32 nd place	54
3rd place	94		13th place	73		23rd place	63		33 rd place	53
4th place	91		14th place	72		24th place	62		34 th place	52
5th place	88		15th place	71		25th place	61		35 th place	51
6th place	85		16th place	70		26th place	60		36 th place	50
7th place	83		17th place	69		27th place	59		37 th place	49
8 th place	81		18th place	68		28 th place	58		38 th place	48
9 th place	79		19th place	67		29 th place	57		39 th place	47
10th place	77		20th place	66		30 th place	56			

* If a tie exists between two individual divers, points will be shared equally between competitors (ie: if tied for first then each competitor would receive 98.5 points (100+97)/2). If an athlete does not finish or is disqualified, the athlete does not receive any points.

** The 4th competitor from each province/territory will not be included in the ranking above. The remaining divers will be re-ranked accordingly (i.e. if the 4th competitor finishes in 17th place, the diver having finished 18th will be re-ranked in 17th place and so on).

TEAM / SYNCHRO COMPETITION

The province/territory's best placing will count towards the provincial/territorial ranking point total.

3m Synchro Competition

The team who accumulates the highest total points shall be ranked first, the team with the second highest total shall be ranked second, etc.

Position	Points	Position	Points	Position	Points
1 st place	150	6 th place	100	11 th place	50
2 nd place	140	7 th place	90	12 th place	40
3 rd place	130	8 th place	80	13 th place	30
4 th place	120	9 th place	70		
5 th place	110	10 th place	60		

** The 2nd team from each province/territory will not be included in the ranking above. Teams will be re-ranked accordingly (i.e. if the 2nd team finishes in 8th place, the team having finished 9th will be re-ranked in 8th place and so on).

7. PROVINCIAL/TERRITORIAL RANKING:

At the end of all four events, overall Provincial/Territorial rankings will be determined by adding the sport scoring points from each event. Men and Women will be ranked separately.

Points for the Games Flag will be awarded as follows:

Position	Points	Position	Points	Position	Points
1 st place	10	6 th place	5	11 th place	1.5
2 nd place	9	7 th place	4	12 th place	1
3 rd place	8	8 th place	3	13 th place	0.5
4 th place	7	9 th place	2.5		
5 th place	6	10 th place	2		

8. TIE BREAKING RULE – COMPETITION:

In the case of ties, the tied divers shall be awarded the same position, and the next position(s) shall be eliminated.

9. PROVINCIAL/TERRITORIAL RANKING – TIE BREAKING:

If a tie exists in the overall Provincial/Territorial Ranking, the higher points will be given to the team with the most event first place finishes, then second place finishes, and so on until the tie is broken.

10. MEDALS:

Total: Gold: 10 Silver: 10 Bronze: 10

11. COMPETITIVE UNIFORM:

Athletes may select their own suits, but are encouraged to wear Provincial/Territorial colours.

12. EQUIPMENT:

N/A

13. APPENDICES:

The attached appendices are an integral part of this technical package.

APPENDIX 1 – COMPETITOR ELIGIBILITY

1. Competitors must meet all eligibility requirements outlined in the Technical Package.
2. The Canada Games are open to Canadian citizens or permanent residents.
3. The Canada Games are open to athletes who are members in good standing of their sport's Provincial/Territorial Sport Organization.
4. An athlete's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the Province or Territory they are representing. An athlete can have only one domicile.
5. An athlete attending school on a full-time basis outside his or her Province or Territory of permanent residence during the year of the Canada Games shall be permitted to compete for either their Province or Territory of permanent residence or the Province or Territory in which the athlete attends school. To be eligible to compete for the Province/Territory where the athlete attends school, the student must be enrolled on a full-time basis during the current academic year.
6. An athlete who is training outside his or her Province or Territory of permanent residence may represent the Province or Territory in which they are training provided he or she can demonstrate a commitment to the Province or Territory she or he wishes to represent by:
 - i) Having been a member of a club or Provincial/Territorial Sport Organization in that Province/Territory for the entire previous or current competitive season

- AND –
 - ii) Having represented that Province or Territory at an international, national or regional championship,

- AND –
 - iii) Not having received direct development funding from their Province or Territory of permanent residence within a year of the opening of the Games, unless the funding jurisdiction provides permission for the athlete to compete for another team.

- OR
 - iv) Other similar circumstances may be considered.
7. An athlete is permitted to try out for any Province or Territory of eligibility but can only try out for one Province or Territory per sport (i.e. an athlete may try out for swimming for one Province or Territory but cannot try out for swimming in another Province or Territory. An athlete may try out

for one Province or Territory in swimming, and may try out for another Province or Territory in diving).

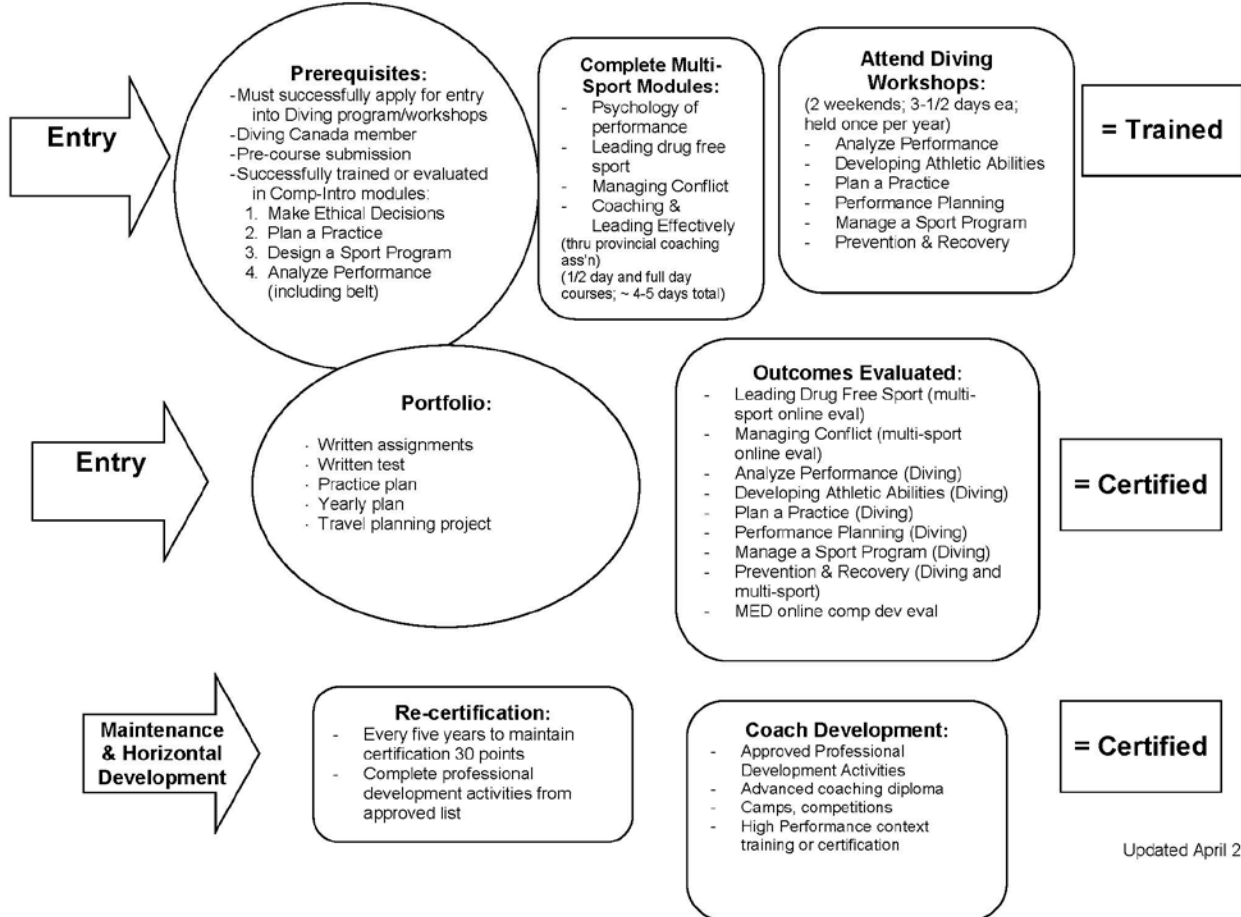
8. Athletes may only compete for one Province or Territory at a single Canada Games.
9. Athletes may not compete in two sports at one Canada Games if they are scheduled in the same week.
10. The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. Coaches or P/TSOs must bring forward any unclear cases to their Chef de Mission and to their NSO as early as possible before the competition for forwarding to the Sport Committee.
11. Where a team/Province/Territory/Chef wishes to challenge the eligibility of an athlete on another Provincial/Territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

Other

12. All teams are reminded of the Canada Games Council's regulations concerning advertising on uniforms: only the uniform manufacturer's name or trade mark logo may be worn on team competition uniforms to a maximum size of 60 square centimeters.
13. Canada Games rules do not allow team staff to practice as therapists, physicians or other medical or paramedical practitioners. The Host Society (organizing committee) is responsible for providing high quality medical care at a central clinic at the Athletes' Village and at competition and training venues. The Sport Medicine Council of Canada assists the Host Society by providing additional medical practitioners to ensure that French and English speaking and male and female persons are available, to ensure that sport specific medical expertise is available and to ensure that all regions of Canada are represented. Team staff will not be permitted to administer medical care to athletes.

APPENDIX 2 – COACH CERTIFICATION REQUIREMENTS

Diving Competition-Development Coach Pathway



Updated April 2015

APPENDIX 3 – PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective National Sport Organizations, at the request of the Canada Games Council and the Federal-Provincial/Territorial Sport Committee (FPTSC,) to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Training to Compete phase of LTAD. These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

Diving Canada recognizes regional differences on how athletes are developed and selected for Canada Games. Below are some guidelines for provinces to follow as to the type of athletes accessing the Canada Games.

1. Provincial/Territorial Teams at Canada Games should include the best athletes within the chosen stage of development or age group. In the case of Diving, the Competitive Foundations stage (Train to Compete) has been identified as the ideal stage of development for the Canada Games.
2. All athletes in this stage of development should have the opportunity to try out for the Canada Games Team.
3. Potential athletes are at or near Senior National Qualification.
4. Potential athletes must conform to Senior National Championship dive requirements.
5. Potential athletes must conform to age restriction of 19U.
6. Potential athletes should be training on an annual basis and be actively competing at the highest provincial level.