



SPORT INFORMATION PACKAGE

ARTISTIC SWIMMING



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A. HISTORY OF SPORT

While there is evidence of swimmers performing ballet-like maneuvers in the water in ancient times, the origin of artistic swimming as an organized, competitive sport dates to earlier this century. In the 1920s, a group of Canadian women, led by national caliber water polo player and diver Margaret Sellers, developed what they called 'ornamental swimming' from life-saving and swimming techniques.

Originally known as water ballet, artistic swimming began in Canada in the 1920s. It spread to the United States in the early '30s, where a display at the 1934 Chicago World's Fair drew rave reviews. Its popularity soared further when Esther Williams performed in a string of MGM "aqua musicals" in the 1940s and '50s.

Over the next 20 years the sport grew, became very technical and athletic, music was added to the routines, and the name changed to "synchronized swimming". In 2017, the sport international governing body, FINA, changed the name of the sport which is now known as Artistic swimming and features six events:

- Solo
- Duet
- Team (8 swimmers)
- Free Combination (often called "combo", this event is a combination of team, duet and solo in one routine performed by 10 swimmers)
- Highlight Team (first introduced at the 2009 World Trophy and presented for the first time in a World Cup in 2014 in Quebec City. The Highlight Team competition is extremely spectacular and features intricate patterns and figures as well as jaw-dropping highlights performed by 10-member teams. It is now on the schedule of all FINA competitions)
- Mixed Duet (performed in an official FINA competition for the first time at the FINA World Aquatic Championships in Kazan, Russia, in 2015. It features a man and a woman performing a duet routine. It has since been added to the FINA World Series events as well as the FINA World Junior Championships schedules)

Canadians have continued to be leaders in developing the sport. The inaugural world championships were held in 1973 in Belgrade, and the sport first appeared on the Olympic Games program in 1984. The team event replaced the solo and duet events at the 1996 Olympic Games. At the 2000 Olympic Games, the duet event was returned to the program.

For many years, Artistic Swimming has been Canada's most successful amateur sport. Artistic swimmers have medaled in every World Championships between 1973 and 2001 with the exception of 1998, and every Olympic Games between 1984 and 2000.

At the 2012 Olympics in London, Canada came very close to a podium finish with two 4th place results in the team and duet events. Team Canada will be taking part in the 2019 Pan American Games in Lima, Peru, in July 2019 in the hope of qualifying for the 2020 Olympics in Tokyo, Japan.

Canada Artistic Swimming is a member of the Aquatics Federation of Canada, which falls under FINA (Fédération internationale de natation).

B. CANADA GAMES SPORT HISTORY AND PAST RESULTS

Artistic swimming was first contested at the inaugural Quebec City Games in 1967. The provincial/territorial rankings for all Games since are listed below:

	1967*	1971*	1975*	1979	1983	1987	1991	1995	1999	2003	2007	2011	2015
	F	F	F	F	F	F	F	F	F	F	F	F	F
AB	-	2	1	3	1	2	3	1	3	2	3	3	2
BC	3	3	3	4	4	4	5	4	4	3	4	4	4
MB	-	-	-	5	3	9	6	6	6	5	7	6	7
NB	-	-	-	8	7	7	8	8	7	6	6	7	6
NL	-	-	-	9	8	6	7	7	10	9	8	10	8
NWT	-	-	-	10	-	-	-	-	-	-	-	-	-
NS	-	-	-	6	9	8	9	9	9	8	10	9	9
NU	-	-	-	-	-	-	-	-	-	-	-	-	-
ON	2	-	2	2	2	3	1	2	2	4	2	2	3
PEI	-	-	-	6	-	-	10	10	8	10	9	8	10
QC	1	1	-	1	5	1	2	3	1	1	1	1	1
SK	-	-	-	7	6	5	4	5	5	7	5	5	5
YK	-	-	-	-	-	-	-	11	11	11	11	11	11

C. NUMBER OF ATHLETES PER TEAM

Competitors: Female 10 (2 solos, 2 duets, 1 team).

Staff: 1 Coach & 1 Manager or 2 Coaches. One of the staff must be Female.

D. EVENT FORMAT AND RULES OF PLAY

Canada Artistic Swimming rules shall apply for all events.

A provincial or territorial entry in any category is defined as one technical routine plus one free routine.

For the Team event, the tech team and free team may be executed by a different sub-grouping of athletes from the roster of 10 athletes.

Each province/territory may enter two routines in the solo and duet events, and one routine in each team event (one team technical routine and one team free routine).

Competitors may enter 1 solo, 1 duet and 1 team routine. All competitors must be entered in at least one technical event. There shall be preliminaries and finals in all free routine events. Following solo and duet free preliminaries the top placing solo and duet routine (based on the

combined or championship score comprised of the technical routine score plus the free routine preliminary score) per province/territory will compete in the "A" finals. The second placing routine (by combined or championship score as described above) in both solo and duet, per province/territory, will compete in the "B" finals. Following the team free preliminaries, all teams shall compete in a single final event.

Canada Artistic Swimming rules related to start order draws will be used for all events except as outlined below.

Order of events:

- Day One: Solo Technical Routines
- Day Two: Duet and Team Technical Routines
- Day Three: Solo and Duet Free Preliminary Routines
- Day Four: Duet Free Final Routines (A & B), Team Free Preliminary Routines
- Day Five: Solo Free Final Routines (A & B), Team Free Final Routines

E. EQUIPMENT & TERMINOLOGY

Artistic Impression: Image or feeling retained as a result of demonstration of skill and good taste of the swimmer.

Boost: A rapid headfirst rise, with a maximum amount of body above the surface of the water.

Choreography: The craft of composing and arranging movement into a comprehensive framework

Creativity: Act of being original or imaginative. Process of formulating a fresh and distinctly personal statement

Eggbeater Kick: with the body in relatively vertical sitting position, the lower limbs move alternately, as the left foot moves clockwise, and the right foot moves counter clockwise. The technique of the eggbeater kick provides continued propulsive force for swimmers to maintain the high of the head and upper body above the water.

Execution: Refers to the performance level of the skills demonstrated

Highlight: A portion or detail of a routine of major significance or special interest; a memorable moment.

Lift: when one or more swimmers gives support to lift another swimmer above the surface of the water.

Manner of presentation: the way in which the swimmer presents her routine for the consideration of the public and/or judges.

Patterns: Refers to formations made by the spatial relationship between members of a team.

Platform: the coordinated effort of team members to form a stable support on which one or more swimmers is lifted to pose or perform other actions. May be static or moving.

Routine: a composition consisting of strokes, figures and parts thereof, choreographed to music.

Synchronization: To swim or execute movements in unison, one with the other and the accompaniment.

Technical Merit: The level of excellence demonstrated by the swimmer's mastery of highly specialized skills.

Transitions: Connecting movements which enable the swimmer to change from one movement to another; stroke to figure; eggbeater to layout; etc.

F. ELIGIBILITY

Maximum age is 21 years old as of December 31, 2019.

Minimum age is 15 years old as of December 31, 2019.

YEAR OF BIRTH: 1998 to 2004 inclusive.

In the team event only, teams from PE, NT, YT, and NU are eligible to select up to three (3) athletes 22 years of age as of December 31, 2019, but only if required to field a team at the Games. An overage athlete (22 years of age) may not displace a younger athlete from team selection.

Excluded from the Canada Games are:

- Athletes that have been Senior National Team members (as defined by Canada Artistic Swimming and approved by the Canada Games Council) at any time*;
- Athletes who do not meet the date of birth requirements as determined above;
- Athletes that have held an SR1 or SR2 card (as defined by Sport Canada's Athlete Assistance program) at any time;
- Athletes who have previously competed at the following events: Senior World Championships, Olympic Games, Commonwealth Games or Pan Am Games.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status or National Team status (i.e., no athlete will be excluded if they become National Senior Team members for the first time or are granted carding status after November 17, 2018).

* Athletes who hold a C card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective Provincial/Territorial Chef de Mission and approved by the Canada Games Council's Sport Committee.

G. JUDGING/SCORING SYSTEM

Routines shall be scored according to FINA and Canada Artistic Swimming rules in force at the time of the Games.

Final competition scores in each category will be the combined score of the Technical Routine and the Free Final Routine.

At the conclusion of each event (technical and free final routine scores combined), ranking points will be awarded as follows.

Solo and Duet Events:

Position	PTS	Position	PTS	Position	PTS	Position	PTS
1 st	100	8 th	81	15 th	71	22 nd	64
2 nd	97	9 th	79	16 th	70	23 rd	63
3 rd	94	10 th	77	17 th	69	24 th	62
4 th	91	11 th	75	18 th	68	25 th	61
5 th	88	12 th	74	19 th	67	26 th	60
6 th	85	13 th	73	20 th	66		
7 th	83	14 th	72	21 st	65		

Team Events:

Position	PTS	Position	PTS
1 st	150	8 th	80
2 nd	140	9 th	70
3 rd	130	10 th	60
4 th	120	11 th	50
5 th	110	12 th	40
6 th	100	13 th	30
7 th	90		

There will be no scoring for a swimmer or team that is disqualified.

Provincial/Territorial Ranking

When the last event has been concluded, ranking points from each event will be added to give an overall ranking in Artistic Swimming. Points for the Games' Flag will then be awarded on the same basis as follows:

Position	PTS	Position	PTS	Position	PTS
1 st	10	6 th	5	11 th	1.5
2 nd	9	7 th	4	12 th	1
3 rd	8	8 th	3	13 th	0.5
4 th	7	9 th	2.5		
5 th	6	10 th	2		

H. PLAYOFF AND TIE-BREAKING FORMAT

Ties shall not be broken in preliminaries. If there is a tie in the combined result (technical routine and free routine final combined), the following tie-breaking method will be applied:

- 1st – the higher free final routine score (applies to solo, duet, team) will break the tie – if still tied

- 2nd – then the highest Artistic Impression score of free routine will break the tie – if still tied
- 3rd – then the highest Execution score of free routine will break the tie – if still tied
- 4th – then the highest elements score of tech routine will break the tie

Provincial/Territorial Ranking

Should a tie occur in final provincial/territorial standing, the team with the greater number of event first places will be assigned the higher rank. If the tie persists, the procedure is repeated for event second places, then third, etc.

NOTE: When a multiple tie occurs, and is only partially resolved by the application of a tie breaking rule, the remaining ties will be resolved by returning to priority #1 and proceeding through the order again.

I. TECHNOLOGY OF SPORT

CANADIAN SCORING PROGRAM

The Canada Artistic Program Scoring Program is being used all across Canada and is set up to score any level of competition. It is also set up to be very flexible in order to make sure someone can input any elements needed with the level of difficulty (DD's) for a particular competition. It is also set up to use no DD's if required. It has a database of every swimmer in Canada that has registered as member of Canada Artistic Swimming. This is updated as soon as club registrations are done. The data for judge evaluations are also produced with this scoring system. The program can handle competitions that have only preliminary events and also competitions that have preliminary and final events.

SOUND SYSTEM

In order to play the music at events, artistic swimming facilities have to be equipped with a sound system with audio input for digital music input, a microphone on deck, a decibel meter and underwater speakers. The Sound Systems for National and International events are subject to Canada Artistic Swimming's Approval and should be meeting the FINA Standards.

J. ROLE OF OFFICIALS IN SPORT

Referee: The referee has full control of the event. He/ She will instruct all other officials. The referee enforces all the rules and has the authority to make a decision on all questions relating to the actual conduct of the event and be responsible for the final settlement of any matter not otherwise covered by the rules. The referee has to make sure that all the necessary officials are in their respective positions. He/ She also ensures that the competitors are ready and signal for the start of the performance. The referee approves all the results before announcements.

Assistant Referee: The assistant referee (s) carries out duties assigned by the referee.

Scorer: The scorer records the marks and makes the necessary computations and produces the results. The scorer also provides the judges with their evaluation data at the conclusion of the event.

Chief Judge: The Chief Judge is in charge of coordinating and organizing all the on-site logistics around the judges attending the meet. He/She also organizes the Judges Meeting prior to the event and works closely with the Chief Referee and the Meet Manager to make sure the Judges receive all the necessary information around the meet.

Assistant Chief Judge: The assistant Chief Judge (s) carries out duties assigned by the Chief Judge

Judges: Assess Routines and Elements, by giving marks, following pre-determined standards. For Routines- there are 15 judges assessing the following components:

Technical Routines:	Execution	Impression	Elements
Free Routines:	Execution	Artistic Impression	Difficulty

K. FACILITY DESCRIPTION

The artistic swimming events will take place in the Repsol Sport Centre in Calgary. The Sport Centre boasts an 8 lane x 50 metre competition pool with a depth of 2.6m in the field of play (deepest 25 metre part).

The Centre is located a mere 2 kilometres from the Athletes' Hotel.

L. SPORT MEMBERSHIP NUMBERS AND STRUCTURE

Province	Competitive Clubs	Recreational Clubs	Comp. Swimmers	Rec. Swimmers	Coaches	Officials	General Members	Total Membership
BC	13	5	285	274	75	23	211	902
AB	16	2	473	400	192	63	129	902
SK	11	0	213	243	69	25	426	984
MB	3	1	104	136	47	24	143	454
ON	24	1	1282	843	302	100	886	3548
QC	37	2	1333	680	287	153	47	2545
NS	2	4	60	88	26	7	20	208
NB	4	0	100	80	44	28	3	268
PEI	1	0	23	40	7	9	7	86
NL	4	0	74	53	25	36	3	191
YK	1	0	13	7	1	3	7	31
TOTAL	116	15	3960	2844	1075	471	1895	10494

M. ATHLETES TO WATCH FOR

ALBERTA

Jaime Czarkowski

- Member of the 2018 Junior National Team
- Took part in 2018 Junior World Championships
- Will take part in all events at Canada Games (solo, duet & team)

Teah Hoffmann

- Member of the 2018 Junior National Team
- Took part in 2018 Junior World Championships

- Will take part in all events at Canada Games (solo, duet & team)

ONTARIO

Scarlett Finn

- Member of the 2018 Junior National Team
- Took part in 2018 Junior World Championships
- Will be one of Team Ontario's soloist at Canada Games

Emma Spott

- Member of the 2018 Junior National Team
- Took part in 2018 Junior World Championships
- Will take part in all events at Canada Games (solo, duet & team)

QUEBEC

Mikaelle Gauthier

- Member of the 2018 Junior National Team
- Took part in 2018 Junior World Championships
- Will take part in all events at Canada Games (solo, duet & team)

N. NOTABLE PAST ATHLETES/ALUMNI

1971 – Saskatoon

Jojo Carrier-Thivierge (Quebec)

Madeleine Ramsey (Quebec)

Sylvie Fortier (Quebec)

1973 – Lethbridge

Lyne Carrier (Québec)

Lena Carrier (Québec)

1979 – Brandon

Penny Villagos (Quebec)

Vicki Villagos (Quebec)
Margot Mountjoy (Ontario)
Elisabeth Price (BC)

1983 – Saguenay Lac St-Jean

Lisa Alexander (Ontario)
Marie Cameron (Alberta)
Denise Sauvé (Québec)

1987 – Cape Breton County

Chantal Vallières (Quebec)
Susan Crews (BC)
Carrie Deguerre (Ontario)
Kelly Hogan (Ontario)

1991 – Charlottetown

Erin Woodley (Ontario)
Jennifer Langlois (Québec)

1995 – Grande-Prairie

Claire Carver-Dias (Ontario)
Julia Warren (Ontario)
Catherine Garceau (Quebec)

1999 – Cornerbrook

Laurel Alexander (Alberta)
Marie- Pier Boudreau-Gagnon (Quebec)
Jessika Dubuc (Quebec)
Marie-Pierre Gagne (Quebec)
Anouk Reniere-Lafreniere (Quebec)
Lindsay Cargill (Saskatchewan)
Nicole Cargill (Saskatchewan)

2003 – Bathurst Campbellton

Samantha Standeven (BC)
Dominika Kopicik (BC)
Sarah-Eve Pelletier (Quebec)
Elise Marcotte (Quebec)
Eve Lamoureux (Quebec)
Anastasia Polonska (Quebec)
Jennifer Song (Alberta)
Jessica Outhwaite (BC)

2007 – Whitehorse

Jo-Annie Fortin (Québec)
Stéphanie Leclair (Québec)
Camille Bowness (Québec)
Marie-Lou Morin (Québec)
Stéphanie Durocher (Québec)
Claire Friesen (Alberta)
Emilia Kopicik (B.C.)
Catherine Powell (Québec)

2011 – Halifax

Jacqueline Simoneau (QC)
Anne-Marie Chouinard (QC)
Janelle Ball (QC)
Kaylene Scheil (AB)
Erica Slavin (AB)
Kali Wong (AB)
Samantha Nealon (ON)
Lisa Sanders (ON)
Olivia Zawadiuk (BC)

2015 – Prince George

Audrey Joly (QC)
Camille Fiola-Dion (QC)
Laurence Vézina (QC)
Sion Ormond (ON)
Emily Armstrong (ON)
Paige Hopper (AB)
Cassandra Winkelaar (AB)

O. ATHLETE/TEAM MATCH-UPS (RIVALRIES)

The artistic swimming competition at the 2019 Canada Games should feature exciting match-ups between Quebec, who won the last five Canada Games in the sport, Alberta and Ontario.

SOLO

In 2015, Paige Hopper from Alberta ended Quebec's string of victories in the solo event. This year, Mikaëlle Gauthier from Quebec will try to regain the crown but will have strong opposition from her Quebec teammate (Claudia Janvier), as well as soloists from Alberta (Jaime Czarkowski & Teah Hoffmann), Ontario (Scarlett Finn & Emma Spott), BC (Hannah McDonagh-Proud & Kendall Stirrat) and Saskatchewan (Ainsley Bristol & Sydney Carroll).

DUET

In 2015, the Gheeta sisters, Maria & Ioana, wowed the crowd and the judges in Prince George to win gold for Quebec. This year, Mikaëlle Gauthier will team up with long-time duet partner Audrey Veilleux to keep the crown in la belle province. Opposition will come from Alberta (Czarkowski/Hoffmann & Greenfield/Kruger) and Ontario (Fox/Warren & Spott/Whitten) who are all new pairings this year, but will be strong contenders.

TEAM

Quebec, Alberta and Ontario will contend for the gold medal in what should be a hotly-contested competition.