



2019 CANADA WINTER GAMES

Technical Packages – Age Categories Version 8.0

The Canada Games Council has been working very closely with all National Sport Organizations on the 2019 Canada Winter Games program to develop their sport-specific technical packages. Age categories are being selected to develop Canada’s next generation national team athletes in the “Train to Compete” phase of their sport’s Long Term Athlete Development Model, or other suitable phase of LTAD as justified by NSO, and approved by the Canada Games Council, to suit next generation national team athletes.

The Canada Games Council Sport Committee has approved the age categories for the following sports on the 2019 Canada Winter Games program:

| SPORT | AGE CATEGORY |
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| Alpine Skiing | <p>ABLE-BODIED COMPETITION: AB, BC, ON, QC: U16 age category MB, NB, NL, NS, NT, NU, PE, SK, YT: U16 age category + max two (2) U18 non-FIS athletes U16: athletes born in 2003-2004, inclusive. U18: athletes born in 2001-2002, inclusive.</p> <p>PARA-ALPINE COMPETITION: Year of Birth: 1988-2006 inclusive. Athletes must be a minimum of 12 years old and a maximum of 30 years old on January 1st, 2019.</p> |
| Archery | <p>Twenty (20) years of age and under as of December 31st, 2019. Year of Birth: Born in the calendar year 1999 or later.</p> |
| Badminton | <p>Athletes under the age of 23 as of December 31st, 2018. Year of Birth: 1996 or later.</p> |
| Biathlon | <p>Born 1998-2002 inclusive.</p> |
| Boxing | <p>Athletes must be a minimum of 16 years of age as of February 14th, 2019. Date of birth: Born between January 1st, 2001 and February 14th, 2003.</p> |
| Cross Country Skiing | <p>ABLE-BODIED COMPETITION: Competitors 20 years of age and under (born no earlier than 1999), and maximum of one competitor 23 years of age and under (born 1996 to 1998, inclusive).</p> <p>PARA-NORDIC COMPETITION: All competitors shall be born in the year 1984 or later.</p> |
| Curling | <p>Competitors shall be a maximum of 17 years of age on June 30th, 2018. Born on or after July 1st, 2000.</p> |



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| | Teams from PE, NT, NU, and YT are eligible to select up to one (1) player per gender born on or after July 1, 1999 (18 years of age as of June 30, 2018). |
| Figure Skating | <p>PRE-NOVICE SINGLES Competitors shall be under the age of 16 before July 1 preceding the event.</p> <p>PRE-NOVICE PAIR Competitors shall be under the age of 18 before July 1 preceding the event.</p> <p>PRE-NOVICE ICE DANCE Competitors shall be under the age of 18 before July 1 preceding the event.</p> <p>NOVICE SINGLES Competitors shall be under the age of 17 before July 1 preceding the event.</p> <p>NOVICE PAIR Competitors shall meet ISU Junior age criteria (maximum age limit only applies); males shall be under 21 years of age and females under 19 years of age before July 1 preceding the event.</p> <p>NOVICE ICE DANCE Competitors shall meet ISU Junior age criteria (maximum age limit only applies); males shall be under 21 years of age and females under 19 years of age before July 1 preceding the event.</p> <p>SPECIAL OLYMPICS LEVEL 2 SINGLES Competitors must be a minimum of 13 years of age, and under 30 years of age, as of December 31, 2018.</p> <p>SPECIAL OLYMPICS LEVEL 3 SINGLES Competitors must be a minimum of 13 years of age, and under 30 years of age, as of December 31, 2018.</p> |
| Freestyle Skiing | Athletes must be a minimum of 14 years of age and a maximum of 20 years of age, as of January 1, 2019. |
| Gymnastics - Artistic | <p>MEN'S ARTISTIC: Male athletes must be a minimum of 12 years old and a maximum of 19 years old during the year of the Games (2019). Male athletes must be born 2000 to 2007 inclusive.</p> <p>WOMEN'S ARTISTIC: Female athletes must be a minimum of 12 years old and a maximum of 19 years old during the year of the Games (2019). Female athletes must be born 2000 to 2007 inclusive.</p> |
| Gymnastics - Trampoline | <p>Athletes must be a minimum of 14 years old and a maximum of 22 years old during the year of the Games (2019).</p> <p>Athletes must be born 1997 to 2005 inclusive.</p> |

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| Hockey | <p>MALE Male competitors must be under 16 years of age as of December 31, 2018. Year of Birth: 2003 to 2007 inclusive.</p> <p>Teams from NT, NU, and YT are eligible to select up to three (3) players under 17 years of age as of December 31, 2018 (born in 2002).</p> <p>FEMALE Female competitors must be under 18 years of age as of December 31, 2018. Year of Birth: 2001 to 2007 inclusive.</p> <p>Teams from NT, NU, and YT are eligible to select up to three (3) players under 19 years of age as of December 31, 2018 (born in 2000).</p> |
| Judo | <p>Year of Birth: Athletes born 2001 to 2004 inclusive.* <i>*To allow young but exceptionally mature athletes to gain an adequate competitive experience, Judo Canada will apply an early bloomer clause in cases when Provincial/Territorial associations nominate athletes younger than born in 2004. Such Provincial/Territorial nominations must be accompanied by the nominee's competitive history in Judo Canada's sanctioned tournaments and will be subject to approval on a case-by-case basis by Judo Canada's designated Sport Committee.</i></p> |
| Ringette | <p>Competitors must be under the age of twenty (20) as of December 31, 2018. Born on or after January 1, 1999.</p> <p>Teams from PE, NT, NU, and YT are eligible to select up to three (3) players 20 years of age or under as of December 31, 2018 (born on or after January 1, 1998).</p> |
| Snowboard | <p>SLOPE STYLE EVENT Maximum age is 17 years old as of December 31, 2018. Minimum age is 13 years old as of December 31, 2018. Year of Birth: 2001-2005 inclusive.</p> <p>HALF-PIPE EVENT Maximum age is 17 years old as of December 31, 2018. Minimum age is 13 years old as of December 31, 2018. Year of Birth: 2001-2005 inclusive.</p> <p>PARALLEL GIANT SLALOM EVENT Maximum age is 19 years old as of December 31, 2018. Minimum age is 15 years old as of December 31, 2018. Year of Birth: 1999-2003 inclusive.</p> <p>SBX EVENT Maximum age is 19 years old as of December 31, 2018. Minimum age is 15 years old as of December 31, 2018. Year of Birth: 1999-2003 inclusive.</p> |
| Speed Skating | <p>LONG TRACK: Competitors who have reached the age of 14 on June 30th, 2018 but have not</p> |



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| | <p>reached the age of 20 as of June 30th, 2018. Year of Birth: July 1, 1998 to June 30, 2004 inclusive.</p> <p>SHORT TRACK: Competitors who have reached the age of 14 on June 30th, 2018 but have not reached the age of 19 as of June 30th, 2018. Year of Birth: July 1, 1999 to June 30, 2004 inclusive.</p> |
| Squash | <p>2 males and 2 females under 17 as of March 3, 2019 (Born March 4, 2002 or later) 2 males and 2 females under 19 as of March 3, 2019 (Born March 4, 2000 or later)</p> |
| Synchronized Swimming | <p>Competitors 21 years of age or under as of December 31, 2019. Competitors 15 years of age or over as of December 31, 2019. Year of birth: 1998-2004, inclusive.</p> <p>In the team event only, teams from PE, NT, NU, and YT are eligible to select up to three (3) athletes 22 years of age as of December 31, 2019, but only if required to field a team at the Games. An overage athlete (22 years of age) may not displace a younger athlete from team selection.</p> |
| Table Tennis | <p>Under 18 years of age as of January 1, 2019. Players must be born in 2001 or after.</p> |
| Wheelchair Basketball | <p>Athletes 24 years of age or under. Born on January 1st, 1995 or after.</p> <p>Teams from PE, NT, NU, and YT are eligible to select up to four (4) players 25 years of age (born on January 1st, 1994 or after).</p> |

Final technical packages are available on the Canada Games Council website at <https://www.canadagames.ca/sports?2019>. Age categories are not subject to change.